

Yadanarpon

Mann Yadanarpon Airlines Inflight Magazine

Issue 5 • September 2017













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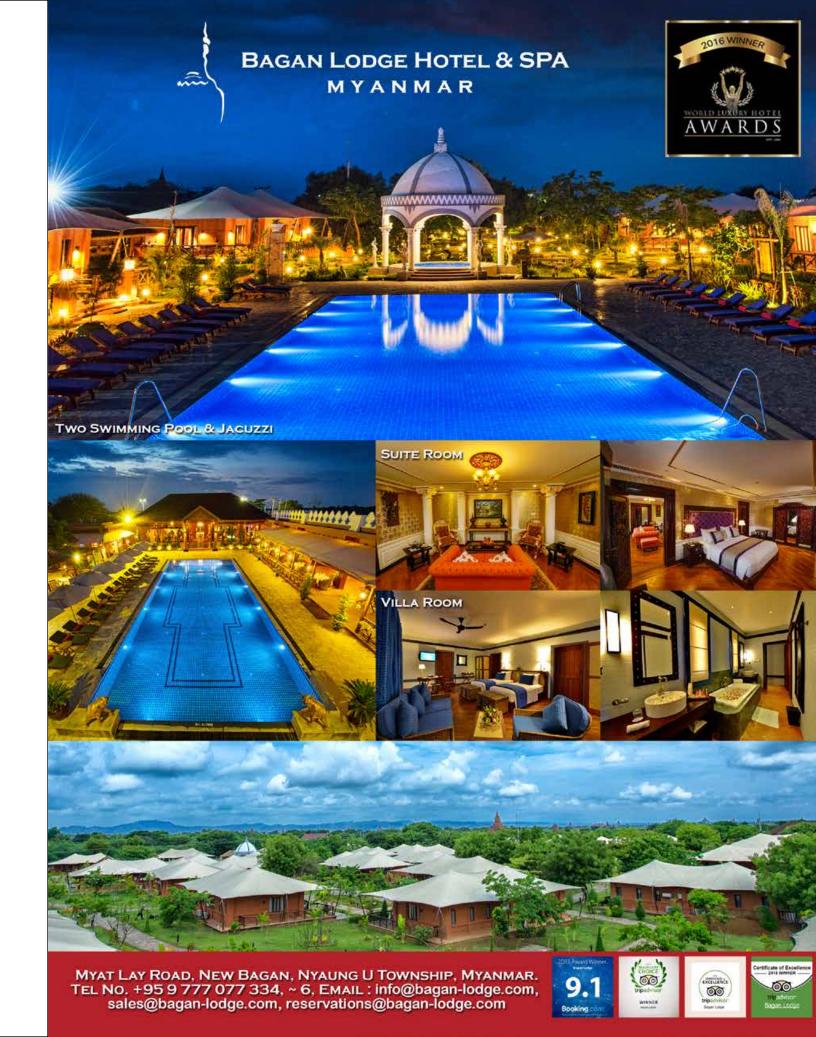


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Corporate Profile

About Us

Mann Yadanarpon Airlines (MYP) was incorporated as a Myanmar private limited liability company on 23 July 2013, and granted a permit on 27 January 2014 by the Myanmar Investment Commission to operate air transportation services on both domestic and international routes.

Our Network

Our destinations for the current winter season are Yangon, Mandalay, Nyaung-U (Bagan), Heho (Inle Lake), Tachileik, Kengtung, Myitkyina, Lashio, Thandwe (Ngapali), Sittwe, Loikaw, Khamti, Mawlamyine, Dawei, Myeik, Kawthaung and Chiang Mai. All of our destinations are of tourism and/or commercial significance.

We will expand our network to more domestic destinations after acquiring additional aircraft.

We plan to commence regional operations after we have consolidated our domestic operations.

Our Fleet

Our current fleet consists of two new ATR 72-600 aircraft which were delivered on 31 January and 1 April 2014 respectively. We plan to acquire additional ATR 72-600 aircraft in the near future in order to expand our network. An Airbus A-320 aircraft will be leased for our future planned regional operations.

Our Flight Crew

Our pilots are all qualified on ATR 72-600 aircraft type. All our pilots' training are carried out at the ATR Training Centers in Toulouse, France and Singapore, with recurrent and type rating simulator training at ATR approved facilities in Bangkok, Thailand

Our Cabin Crew

Our cabin crew training and administration managers and supervisors hold cabin crew instructor certificates from the ATR Training Center in Toulouse, France. All of our cabin crew have attended the Airline Cabin Crew Training Course approved by the Department of Civil Aviation.



Our Engineering Crew

Our licensed aircraft maintenance engineers have type ratings on ATR 72-600 from the ATR Training Centers in Touluse, France and Singapore.

Maintenance of our aircraft is carried out by our own Approved Maintenance Organization approved by the Department of Civil Aviation, Myanmar. Base maintenance is outsourced to approved maintenance, repair and overhaul organizations (MROS).

Mann Yadanarpon Airline's Management















Capt. Kyaw San Win































Nwe Win Manager (Quality Assurance)







































Mann Yadanarpon achieves IOSA Registration

Mann Yadanarpon has become the first domestic airline to achieve certification under the International Air Transport Association's Operational Safety Audit Audit (IOSA) programme.

The IOSA registration reflects Mann Yadanarpon's safety and reliability, and improvement of domestic aviation industry. Since its establishment in 2013, Mann Yadanarpon has maintained a perfect safety record and the IOSA registration offers further peace of mind to passengers.

"At Mann Yadanarpon, safety and service always comes first. IOSA registration is an important step in achieving our ambition of being the airline of choice for customers in Myanmar," said Mann Yadanarpon Chairman U Than

He also paid tribute to the efforts of the Mann Yadanarpon team in achieving the IOSA certification.

The certification is valid through to August 2018, when Mann Yadanarpon will again be audited for compliance to IOSA standards.

The IOSA programme was introduced in 2003 and is designed to assess the operational management and control systems of an airline and is the benchmark for global safety management in airlines.

The auditing standards have been developed in collaboration with regulatory authorities including the United States' Federal Aviation Administration, Australia's Civil Aviation Safety Authority, Transport Canada and the Joint Aviation Authorities.

The process features a structured audit methodology with standardised checklists, ensuring consistency

in implementation. The IOSA continually updates its standards to reflect best practices in the industry.

The audits are conducted by one of six accredited organisations that have met stringent IOSA training and qualification standards.

The benefits of the IOSA programme area clear for passengers, airlines and regulators. The total accident rate for IOSA-accredited carriers between 2011 and 2015 was 3.3 times lower than for non-IOSA operators. Its benefits are recognised even by airlines that are not members of the IATA; as of March 2015, 145 (36 percent) of the 405 airlines on the IOSA registry were non-IATA members.

IOSA registration is, however, a mandatory requirement for all airlines to maintain membership of the IATA, which is the trade association of the world's airlines and represents some 265 carriers accounting for 83 percent of total air traffic.

The association's mission is to represent, lead and serve the airline industry, and the IOSA programme reflects its ambition to drive a safe, secure and profitable air transport industry

For passengers, IOSA registration indicates that an airline complies with the most stringent aviation safety rules and practices.

That Mann Yadanarpon has undertaken this process is a sign of its desire to set the standard not just in Myanmar but across the Southeast Asian region.

It also reflects its vision to be the airline of choice for customers by maintaining the highest levels of safety, service and efficiency.



မန်းရတနာပုံမှ IOSA မှတ်ပုံတင်မှု အောင်မြင်ခြင်း

မန်းရတနာပုံလေကြောင်းလိုင်းသည် International Air Transport Association (IATA) of Operational Safety Audit (IOSA) ပရိုဂရမ်အရ တရားဝင်လက်မှတ်ရရှိသည့် ပထမဆုံး ပြည်တွင်းလေကြောင်းလိုင်း ဖြစ်လာခဲ့သည်။

IOSA မှတ်ပုံတင်လက်မှတ်ရရှိခြင်းသည် မန်းရတနာပုံလေ ကြောင်းလိုင်း၏ လုံခြုံစိတ်ချယုံကြည်ရမှုအပြင် ပြည်တွင်းလေ ကြောင်းလိုင်းများ၏ တိုးတက်ဖွံ့ မြိုးမှကိုပါ ထင်ဟပ်စေပါသည်။

2013 ခုနှစ်မှာ စတင်တည်ထောင်ခဲ့စဉ်ကတည်းက မန်းရတနာပုံ သည် ၎င်း၏ပြည့်စုံကောင်းမွန်သည့် လုံခြုံရေးစံနှန်းကိုထိန်းသိမ်း ထားနိုင်ပြီး IOSA မှတ်ပုံတင်မှု အောင်မြင်ခြင်းသည် ခရီးသည်များ ၏ စိတ်လုံခြုံအေးချမ်းမှုရရှိရေးအတွက် ပိုမိုပြီး အထောက်အကူ ပေးစွမ်းလိုက်ခြင်းပင်ဖြစ်ပါသည်။

``ကျွန်တော်တို့ရဲ့မှန်းရတနာပုံမှာ ဘေးကင်းမှုနဲ့ ဝန်ဆောင်မှုက အမြဲတမ်းပထမဦးစားပေးပါပဲ။ IOSA မှတ်ပုံတင်ရရှိတာကတော့ မြန်မာနိုင်ငံမှာ ခရီးသွားတွေရွေးချယ်တဲ့ လေကြောင်းလိုင်းတစ်ခု ဖြစ်ဖို့ ကျွန်တော်တို့ရဲ့ မျော်မှန်းချက်ကို အကောင်အထည်ဖော် ဆောင်ရေးမှာ အရေးပါတဲ့ ခြေလှမ်းတစ်လှမ်းပဲဖြစ်ပါတယ်" ဟု မန်းရတနာပုံ၏ ဥက္ကဌဖြစ်သူ ဦးသန်းဦး က ပြောပါသည်။ IOSA မှတ်ပုံတင်ရရှိခဲ့ခြင်းသည် မန်းရတနာပုံ မိသားစုဝင်အားလုံး၏ စည်းလုံးညီညွှတ်စွာ ကြိုးစားခဲ့ခြင်းကြောင့်ဟု ဥက္ကဌမှ ဆက်လက် ရီးကူးစကားပြောကြားခဲ့ပါသည်။

မှတ်ပုံတင်သက်တမ်းကာလသည် ၂၀၁၈ ခုနှစ်၊ ဩဂုတ်လအထိ ဖြစ်ပြီး အဲဒီနောက်မှာ IOSA ၏ စံနှန်းများအတိုင်း ရှိနေစေရန် အတွက် မန်းရတနာပုံလေကြောင်းလိုင်းအနေနဲ့ ထပ်မံပြီးအစစ် ဆေးခံရမှာဖြစ်ပါတယ်။ IOSA ပရိုဂရမ်ကို ၂ဝဝ၃ ခုနှစ်မှာ စတင် မိတ်ဆက်ခဲ့ခြင်းဖြစ်ပြီး လေကြောင်းလိုင်းတခု၏ လုပ်ငန်းလည် ပတ်မှုဆိုင်ရာစီမံခန့်ခွဲမှုနှင့် ထိန်းချုပ်မှုစနစ်များကို အကဲဖြတ် ရန်အတွက် စီမံဖန်တီးထားခြင်းဖြစ်သည်။ ဤပရိုဂရမ်သည် လေ ကြောင်းလိုင်းများ၏ ကမ္ဘာ့လုံးဆိုင်ရာ အန္တရယ်ကင်းရှင်းရေး စီမံ ခန့်ခွဲမှုအတွက် စံတစ်ခုပင်ဖြစ်သည်။

စစ်ဆေးခြင်းစံနှုန်းများသည် အမေရိကန်ရှိ Federal Aviation Administration ၊ ဩစတြေးလျရှိ Civil Aviation Safety Authority ၊ Transport Canada နှင့် Joint Aviation Authorities တို့အပါအဝင် လေကြောင်းအာကာပိုင်အဖွဲ့အစည်းများနှင့်အတူ ပူးပေါင်းဆောင်ရွက်၍ ဖန်တီးစီမံထားခြင်း ဖြစ်သည်။

IOSA လုပ်ငန်းစဉ်တွင် စနစ်တကျ အရည်အသွေးစစ်ဆေး သည့် လုပ်ထုံးလုပ်နည်း၊ စံနှန်းသတ်မှတ်ချက်နှင့် ကိုက်ညီသော စစ်ဆေးရမည့် အချက်များကို သေချာစွာတသမတ်တည်း အကောင်အထည်ဖော် ဆောင်ရွက်ခြင်းတို့ ပါဝင်ပါသည်။ နယ် ပယ်အတွင်းမှာ အကောင်းဆုံးလုပ်ဆောင်နိုင်စွမ်းကို ရရှိစေရန် အတွက် IOSA သည် ၎င်းရဲစုံနှန်းများကိုလည်း အဆက်မပြတ် တိုးတက်အောင် လုပ်ဆောင်နေခြင်းဖြစ်ပေသည်။

စစ်ဆေးမှုများကို တင်းကျပ်လှသည့် IOSA လေ့ကျင့်မှုနဲ့ အရည် အချင်း စံနှန်းတွေကို ပြည့်မီထားသည်ဟု အသိအမှတ် ပြုခံထား ရသည့် အဖွဲ့အစည်းခြောက်ခုထဲမှ တစ်ဖွဲ့စီက ဆောင်ရွက်ပေး နေခြင်းဖြစ်သည်။

IOSA ပရိုဂရမ်ကြောင့် ခရီးသည်များ၊ လေကြောင်းလိုင်းများနှင့် လေကြောင်းအာကာပိုင် အဖွဲ့အစည်းများကို အကျိုးကျေးဇူး များ ရရှိစေသည်ကို အလွယ်တကူသိမြင် နိုင်ပါသည်။ IOSA အသိအမှတ်ပြုလက်မှတ်ရရှိထားသည့် လေကြောင်းလိုင်းများ သည် 2011 မှ 2015 ခုနှစ်အတွင်း လက်မှတ်မရှိသည့်လေ ကြောင်းလိုင်းများထက် မတော်တဆထိခိုက်မှုနှုန်း သုံးဒသမ သုံးဆ လျော့နည်းခဲ့သည်။သို့ဖြစ်၍ IOSA သည် IATA အဖွဲ့ ဝင် အဖြစ်ထက်ကျော်လွန်၍ ကမ္ဘာ့တဝှမ်းဆိုင်ရာ အသိမှတ်ပြုစံနှုန်း သတ်မှတ်ချက်ဖြစ်လာခဲ့သည်။ ၂၀၁၅ ခုနှစ်၊ မတ်လမှာ IOSA လက်မှတ်ရရှိထားသည့် လေကြောင်းလိုင်း ၄ဝ၅လိုင်းမှ ၁၄၅လိုင်း (၃၆ ရာခိုင်နှန်း) သည် IATA အဖွဲ့ဝင်များမဟုတ်ကြပေ။

မည်သို့ဆိုစေ IOSA မှတ်ပုံတင်ခြင်းသည် လေကြောင်းလိုင်း အားလုံးအတွက် IATA အဖွဲ့ဝင်မှုကို ဆက်လက်ထားရှိနိုင်ရန် မဖြစ်မနေလိုအပ်ချက်ပင်ဖြစ်သည်။ IATA ဆိုသည်မှာ ကမ္ဘာ့ လေကြောင်းလိုင်းများ၏ ရင်းမြစ်အဖွဲ့ဖြစ်ပြီး လက်ရှိတွင် လေ ကြောင်းလိုင်းပေါင်း ၂၆၅ လိုင်းအား ကိုယ်စားပြုပြီး လေကြောင်း လိုင်းစုစုပေါင်း၏ ၈၃ ရာခိုင်နူန်းဖြစ်လေသည်။

အဖွဲ့၍လုပ်ငန်းဆောင်တာမှာ လေကြောင်းလုပ်ငန်းနယ်ပယ်ကို ကိုယ်စားပြုရန်၊ ဦးစီးဦးဆောင်ပြုရန်နှင့် ဆောင်ရွက်ပေးရန် ဖြစ်သည်။ IOSA ပရိုဂရမ်သည် ဘေးကင်း၊ စိတ်ချရပြီး စီးပွား ရေးတွက်ချေကိုက်သော လေကြောင်းပို့ဆောင်ရေးကဏ္ဍဖြစ်ရေး တွန်းအားပေးရန် ဆိုသည့် သူ၏ရည်မှန်းချက်ကို ပုံဖော်ပေးခြင်း ဖြစ်ပါသည်။

IOSA မှတ်ပုံတင်သည် လေကြောင်းလိုင်းတစ်လိုင်းအနေဖြင့် အတင်းကျပ်ဆုံးသော ဘေးကင်းလုံခြုံမှုဆိုင်ရာ စည်းမျဉ်းစည်း ကမ်းများနှင့် လုပ်ထုံးလုပ်နည်းများကို တိကျစွာလိုက်နာဆောင် ရွက်ထားသည်ကို ခရီးသည်များကို ညွှန်ပြပေးနေသည်။

မန်းရတနာပုံ၏ ယခုလုပ်ဆောင်ချက်များသည် မြန်မာပြည်တွင်း သာမက အရှေ့တောင်အာရှတစ်ခွင်မှာပါ စံနှန်းတစ်ရပ်ကိုချမှတ်ေ ဆာင်ရွက်လိုသည့် ၎င်းတို့၏ဆန္ဒကို ဖော်ပြလိုက်ခြင်းပင်ဖြစ်သည်။ ဒါ့အပြင် လေကြောင်းလိုင်း၏ ဘေးကင်းလုံခြုံမှု၊ဝန်ဆောင်မှနဲ စွမ်းဆောင်နိုင်မှုတို့ကို အမြင့်ဆုံးအဆင့်တွင် ထိန်းသိမ်းထားရှိခြင်း အားဖြင့် ခရီးသည်များဦးစားပေး ရွေးချယ်သောလေကြောင်းလိုင်း ဖြစ်ရန်ဆိုသည့် မျော်မှန်းချက်ကိုလည်း အကောင်အထည်ဖော် လိုက်ခြင်းပင်ဖြစ်ပေသည်။



မန်းရတနာပုံလေကြောင်းလိုင်းနှင့် အစဉ်အမြဲ ပျံသန်းလိုက်ပါသော လူကြီးမင်းများ အားလုံးကို ကိုယ်စိတ်နှစ်ဖြာ ကျန်းမာချမ်းသာပါစေကြောင်း မန်းရတနာပုံလေကြောင်းလိုင်းမှ ဆုတောင်း နုတ်စွန်းဆက် သအပ်ပါသည်။

ကျ် Royal Club အစီအစဉ်သည်မန်းရတနာပုံလေကြောင်းလိုင်း နှင့်အစဉ်အမြဲပျံသန်းလိုက်ပါသော လူကြီးမင်းများ အားလုံးကို ကျေးဇူးတုံ့ပြန် သောအားဖြင့် ခရီးစဉ် (၁၀) ကြိမ် စီးနင်းလျှင် အခမဲ့ (၁) ကြိမ်စီးနင်းခွင့် ရရှိမည့် အစီအစဉ် ဖြစ်ပါသည် ။

Who Can Apply?

မှတ်ပုံတင်ကိုင်ဆောင်ထားသောမြန်မာနိုင်ငံသားတိုင်း လျှောက်ထားနိုင်ပါ

To be a Royal Club Member

Royal Club အဖွဲ့ ဂင်ဖြစ်ရန်အတွက် အလွန်လွယ်ကူပါသည်။

လူကြီးမင်းတို့သည် မန်းရတနာပုံလေကြောင်းလိုင်း ရုံးချုပ်နှင့် ရုံးခွဲများ၊ Check in Counter နေရာများတွင် အဖွဲ့ ပင် ပုံစံ (Royal Club Membership Form) အားအလွယ်တကူ ရယူ၍ ပုံစံပါ အချက်အလက်များအား ပြည်စုံစွာ ဖြည့်စွက်ပေးပြီး Record Card ကို ရယူရမည် ဖြစ်ပါသည်။ လူကြီးမင်းသည် မန်းရတနာပုံ လေကြောင်းလိုင်း နှင့် စီးနင်းသည့် အချိန်တိုင်း Check in Counter တွင် Record Card ပြ၍ကဒ်ပါ အကွက်များ တွင် တံဆိပ်တုံး ထုသွားရမည် ဖြစ်ပါသည်။

ခရီးစဉ် တစ်ကြောင်းအတွက် အကွက်တစ်ကွက်တွင် တံဆိပ်တုံး တစ်ခု ထုပေးမည် ဖြစ်ပါသည်။ Record Card တွင် သက်တမ်းမရှိပါ။ Record Card ပြည်သွားလျှင် အသစ်တစ်ခုရရှိမည် ဖြစ်ပါသည်။ (၁ဝ) ကွက် ပြည့်အောင်ပျံသန်းတိုင်း မိမိကြိုက်နစ်သက်ရာ ခရီးစဉ် တစ်ကြောင်း အတွက် မေတ္တာလက်ဆောင်အနေဖြင့် လေယာဉ်လက်မှတ် တစ်စောင် ရရှိမည်ဖြစ်ပြီး လေဆိပ်အခွန် အတွက်သာ ပေးဆောင်ရမည် ဖြစ်ပါသည်။

Royal Club Member എടാാറ്ററി

Member Card ၏ သက်တမ်းသည် ထုတ်ပေးသည့် နေ့မှစ၍ (၁)နှစ် ဖြစ်ပြီး နှစ်စဉ် သက်တမ်းတိုးမြှင့် ပေးသွားမည်ဖြစ်ပါသည်။ Member ဝင် များသည် လက်မှတ် အရောင်းဌာနများ သို့မဟုတ် လက်မှတ် အရောင်း အေးဂျင့်များသို့ Booking တင်သည့်အခါ Member Card နံပါတ်ကိုအသိ ပေးရပါမည်။ Royal Club Member ပင်များသည် Memberဝင်များ၏ အကျိုးခံစားခွင့်ရရှိနိုင်ရန် Record Card နှင့်အတူ Member Card အား Check in Counter တွင် ပြသရပါမည်။

Sliver Card

Silver Card ကို Royal Club Member Form လျှောက်ထားပြီး (၄) ပတ်ခန့် အကြာတွင် ရရှိမည် ဖြစ်ပါသည်။

Silver Card ကိုင်ဆောင်ထားသူသည် Baggage Allowance ကို ပုံမှန် 20kg အပြင် အပို10kg စုစုပေါင်း 30kg သယ်ဆောင်ရွှင့် ရရှိပါမည်။

Silver Card ကိုင်ဆောင် ထားသူသည် (၁)နှစ်အတွင်းမန်းရတနာပုံ လေကြောင်းခရီးစဉ် အကြိမ်(၂ဝ) စီးနင်းပါက Gold Cardသို့ တိုးမြှင့်ပေးမည် ဖြစ်ပါသည်။

GoldCard ကိုင်ဆောင်ထားသူသည် -

🚇 Baggage Allowance ်ကို ပုံမှန် 20 kg အပြင် အဝို 20 kg စုစုပေါင်း

40 kg သယ်ဆောင်ခွင့် ရရှိပါမည်။

Waiting list (HL) သို့မဟုတ် go show ခရီးသည် ဖြစ်ပါက ခုံနေရာ ရရှိရန် ဦးစားပေးပါမည်။

🚇 ရန်ကုန် - မန္တလေး - ဟဲဟိုး - ညောင်ဦး - တာရီလိတ် လေဆိပ်များရှိ လေဆိပ် အဆောက်အဦး ဆင်ဝင်သို့ ရောက်ရှိရှိန်တွင် မန်းရတနာပုံ လေကြောင်းလိုင်း ၏ Royal Club ဝန်ထမ်းများမှ ရေးဦးကြိုဆိုသည့် ဝန်ဆောင်မှု ရယူနိုင်ပါမည်။

Priority check-in ဂန်ဆောင်မှု ရရှိပါမည်။

🚇 ခရီးစဉ် ပျံသန်းချိန်အပေါ် မူတည်၍ လေယာဉ်ပေါ် တွင် special meals ရရှိ ပါမည်။

🚇 ရန်ကုန် - မန္တလေး - ညောင်ဦး - တာရီလိတ် လေဆိပ်များရှိ သတ်မှတ် ထားသည့် lounge, restaurant, cafe များ၌ အစားအသောက်မျာသုံး ဆောင်နိုင်ရန် gift coupon ကို check-in ပြုလုပ်ချိန်တွင်ရရှိမည်ဖြစ်ပါသည်။

Gold Card ကိုင်ဆောင်ထားသူသည် နှစ်စဉ် မန်းရတနာပုံ လေကြောင်း ခရီးစဉ် အကြိမ် (၂၀) စီးနင်းပါက Gold Card သက်တမ်း တိုးမြှင့်ပေး သွားမည် ဖြစ်ပြီး၊ အကြိမ် (၂၀)အောက်လျော့နည်းစီးနင်းသည့်နှစ်တွင် Silver Member အဖြစ် သက်တမ်းတိုးမြှင့် ပေးသွားမည် ဖြစ်ပါသည်။

Platinum Card

Gold Card ကိုင်ဆောင်ထားသူသည် (၁) နှစ်အတွင်း မန်းရတနာပုံ လေကြောင်း ခရီးစဉ် အကြိမ်(၄၀)စီးနှင်းပါက Platinum Card သို့ တိုးမြှင့် ပေးမည် ဖြစ်ပါသည်။

Platinum Card ကိုင်ဆောင်ထားသူသည် Gold Card ပါ ကျိူးခံစားခွင့်များ

🚇 Baggage Allowance ကို ပုံမှန် 20 kg အပြင် အပို 30 kg စုစုပေါင်း

50 kg သယ်ဆောင်ခွင့် ရရှိပါမည်။ 🚇 ရန်ကုန် - မန္တလေး - ညောင်ဦး - တာရီလိတ် လေဆိပ်များရှိ

သတ်မှတ်ထားသည့် lounge, restaurant, cafe များ၌ အစားအသောက် များ သုံးဆောင်နိုင်ရန် gift coupon ကို Platinum Member ဝင်အပြင် ခရီးဖေါ် (၁) ဦး အတွက် ထပ်မံ၍အပို (၁)စောင် ကို check-in ပြုလုပ်ချိန် တွင် ရရှိမည် ဖြစ်ပါသည်။

😀 ရန်ကုန် နှင့် မန္တလေး လေဆိပ်များ၌ လေဆိပ်အဆောက်အဦး နှင့်

လေယာဉ် အကြား သီးသန့်ကားဖြင့် ပို့ဆောင်ပေးပါမည်။

Platinum Card ကိုင်ဆောင်ထားသူသည် နှစ်စဉ်မန်းရတနာပုံလေကြောင်း ခရီးစဉ် အကြိမ် (၄၀) စီးနှင်းပါက Platinum Card သက်တမ်း တိုးမြှင့် ပေးသွား မည် ဖြစ်ပြီး၊ အကြိမ် (၄ဂ) အောက် လျော့နည်း စီးနှင်းသည့် နှစ်တွင် Gold Member အဖြစ် သက်တမ်းတိုးမြှင့်ပေးသွားမည် ဖြစ်ပါသည်။

Royal Club Membership Program အား လူကြီးမင်းများအသေးစိတ်သိရှိလိုပါကမန်းရတနာပုံလေကြောင်းလိုင်းရုံးချုပ်ရှိ Customer Service Department(CSD) ဖုန်းနံပါတ် (+95-1)656969 လိုင်းခွဲ (709 ~ 711)၊ Fax: (+95-1)656998, (+95-1)655562 နှင့် E-mail: customerservice@airmyp.com သို့ ဆက်သွယ်မေးမြန်းနိုင်ပါသည်။





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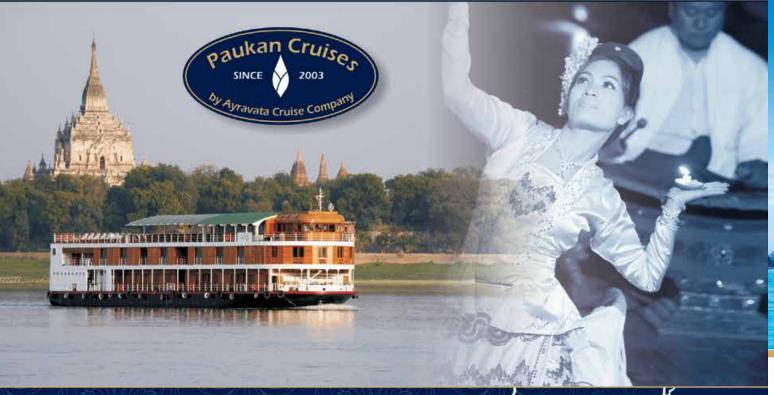


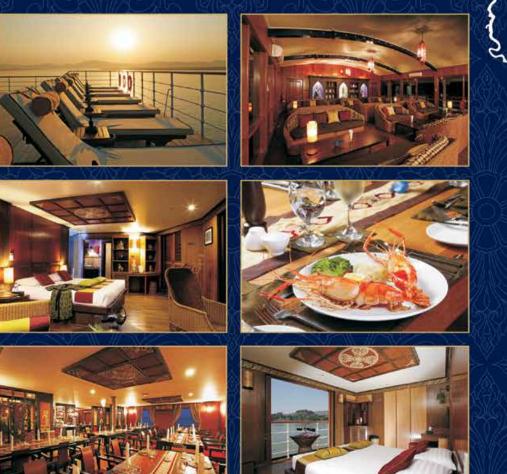
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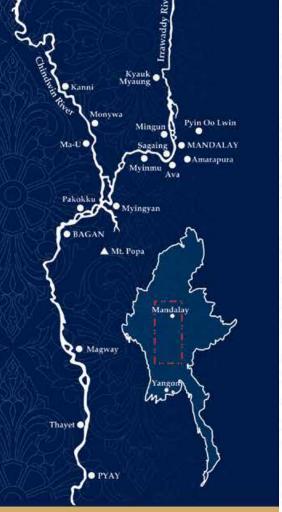
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MYANMAR RIVER JOURNEYS









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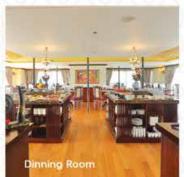




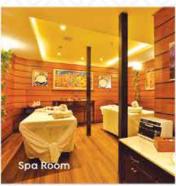


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Kason is a particularly special occasion at Shittaung Pagoda in Mrauk U, Rakhine State, because it marks the culmination of the pagoda's annual week-long festival. Like most annual religious celebrations held throughout Myanmar, the Shittaung Pagoda Festival features traditional song and dance performances, carnival rides and games, as well as a temporary market where vendors sell everything from food and drinks to toys and clothing.

However, the Shittaung festival is also permeated with a uniquely Rakhine atmosphere. Local cultural groups wearing traditional ethnic costumes perform Rakhine dances, beat Rakhine drums, and sing songs about the Buddha in Rakhine language. Evening concerts feature Rakhine pop stars who travel from across Myanmar to perform.

The Shittaung Pagoda Festival is also notable for its physical contests, such as Rakhine wrestling (*kyin*). Matches take place on a wide, tree-shaded area at the foot of the pagoda, with the large audience arrayed in a circle around the contestants. Kicking and punching are prohibited, and the object is to force the opponent's back to the ground. The final matches occur on the full moon day of Kason, with the winner earning a gold gong and second place a silver gong.

Meanwhile, boat races (*pryne laung*) are held in the creeks that meander through Mrauk U, and spectators cheer the rowers from temporary stages built along the water's edge. Also popular with the crowds is the annual Kason football tournament, which attracts more than 100 teams from all 17 townships in Rakhine State.

The festival is set against the backdrop of Mrauk U, an ancient Rakhine capital that was founded in 1430 and flourished between the 15th and 18th centuries. According to one popular legend, King Asoka from India once visited Rakhine, where he met a monkey-queen





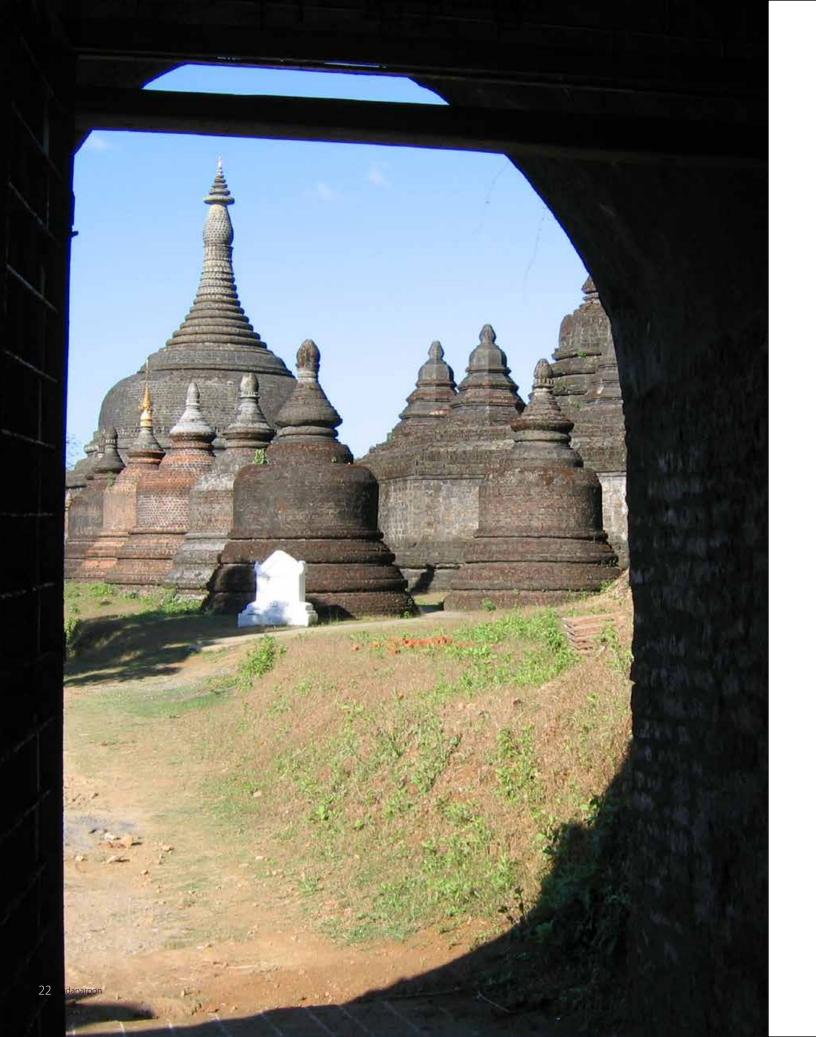
and a peacock-king who between them had produced two eggs. King Asoka prophesied that a great city would be founded on the spot named Myauk (monkey) Oo (egg). Upon hatching, the eggs produced two beautiful girls that were raised by guardian nats (animist spirits).

In his book *Historical Sites in Burma* (1972), archeologist Aung Thaw notes how the Rakhine established themselves as a distinct ethnic group in the 10th century and moved to a succession of capital cities in Pyinsa, Parin, Hkrit and Launggyet. In 1406 Launggyet was invaded by the Bamar kingdom of Ava, forcing the Rakhine King

Minsawmun to flee to Bengal under the protection of Muslim sultans. In 1430 Sultan Jalaluddin Muhammad Shah helped restore Minsawmun to the Rakhine throne as his vassal, and later that year King Minsawmun established the new capital of Mrauk U, which persisted until 1785 when it was invaded by the Bamar King Bodawpaya.

Aung Thaw writes how the kings of Mrauk U, though Buddhists, "saw fitting to use Mohammedan names in addition to their own names and even struck medallions bearing the Mohammedan confession of faith in Persian script." In keeping with the eclectic religious atmosphere of the Mrauk U kingdom, many of the ancient pagodas, which date from the 15th and 16th centuries,

Shittaung Pagoda was built in 1535 by one of the most powerful kings of the Mrauk U Dynasty, Minbin (also known as Minbargyi), who ruled from 1531 to 1553.



display both Buddhist and Hindu iconography.

Shittaung Pagoda is one of the most important religious structures in Mrauk U. The name "Shittaung" means "80,000," in reference to the number of Buddha images said to be contained within. According to religious scholars, "Shittaung" was rounded off from 84,000, the number of Buddha relics said to have been enshrined by King Asoka in stupas throughout India.

Shittaung Pagoda was built in 1535 by one of the most powerful kings of the Mrauk U Dynasty, Minbin (also known as Minbargyi), who ruled from 1531 to 1553. According to some accounts, the construction of the temple commemorated the successful repulsion of a Portuguese attack on Mrauk U, while others say it was built to celebrate a victorious military campaign in Bengal. Whatever the case, it is also known Ran Aung Zeya (Temple of Victory), and its connection to warfare might also explain its famously fortress-like design.



built not for military purposes but for prayer, initiation rituals and royal ceremonies.

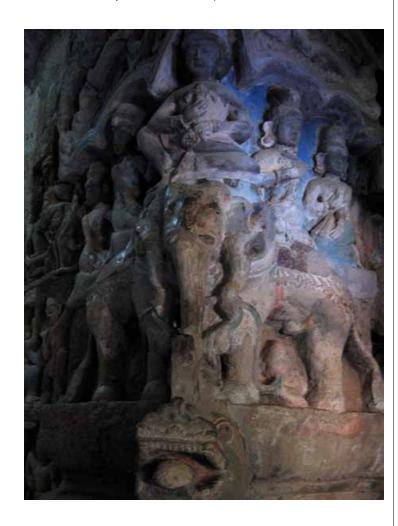
The first of the two terraces is reached by a flight of steps on the south side. The main temple is surrounded by 26 smaller stupas, including Nay Htwet Para (Sunrise Pagoda) with an east-facing entrance and Nay Win Para (Sunset Pagoda) oriented westward.



Near the stairway is a small building containing the Shittaung Pillar, said to have been brought from nearby Wethali and placed at the site by King Minbin in 1535. Renovated after sustaining damage from a bombardment during World War II, the red sandstone obelisk stands 10 feet tall and measures 2 feet 4 inches on each of its four sides, three of which display inscriptions in Sanskrit language dating from the 5th or 6th century to the mid-

11th century. The well-preserved western face, engraved in the 8th century, lists ancient Rakhine kings from 638 BCE to 729 CE, ending with King Anandachandra, who was a lay Buddhist but also a donor of Hindu monasteries.

A wooden prayer hall just outside the central pagoda contains hundreds of Buddha statues. From here, several entrances provide access to different areas



The outer wall of the corridor features arched alcoves, each holding a pair of life-sized Buddha images sitting back-to-back, while the inner wall is lined with more than 1000 relief sculptures carved on sandstone slabs and arranged into six tiers.



isarescheewin / Shutterstock.com

of the maze-like interior of the main pagoda. The southwestern doorway leads to the 100-metrelong outer passageway that encircles the inner sanctum. The outer wall of the corridor features arched alcoves, each holding a pair of life-sized Buddha images sitting back-to-back, while the inner wall is lined with more than 1000 relief sculptures carved on sandstone slabs and arranged into six tiers.

The figures – which exhibit both Buddhist and Hindu influences – represent animals, guardian spirits and celestial beings, as well as human figures in native Rakhine costume engaged in activities such as wrestling, playing musical instruments and praying. Other tiers show scenes from the Jataka tales, or stories from the previous lives of the Buddha. Larger sculptures are placed at the corners of the long passageway and represent the king of the celestials and his four queens, King Minbin surrounded by ministers and queens, and others.







Today, the pagoda has been restored and is maintained in fine condition for pilgrims and tourists alike, a testament to the important place the shrine holds for Buddhists in Rakhine State and throughout Myanmar.

The narrower inner galleries are lined with hundreds of Buddha images of varying sizes, and there is also a sculpted Buddha footprint said to be a remnant of his visit to Rakhine State after achieving enlightenment. The small inner sanctum, accessible by a narrow passageway, is dominated by a gilded stone Buddha image sitting on the original ornamented stone base dating back to the 16th century.

The fortunes of Shittaung Pagoda have ebbed and flowed since it



was built nearly 500 years ago. In 1891, German-born Swiss
Pali scholar Emil Forchhammer
wrote A Report on the History of
Arakan in Three Parts in which he
described the pagoda as a virtual
ruin, with the small exterior stupas
"undermined by treasure-hunters"
and in a "dilapidated condition".
He continued, "The debris and
rubbish have so accumulated on
the outer platform ... that no light
can penetrate ... Innumerable bats
whisk through the passage, and the
stench arising from unventilated

ancient bat colonies renders a prolonged staying in it impossible."

Today, the pagoda has been restored and is maintained in fine condition for pilgrims and tourists alike, a testament to the important place the shrine holds for Buddhists in Rakhine State and throughout Myanmar.











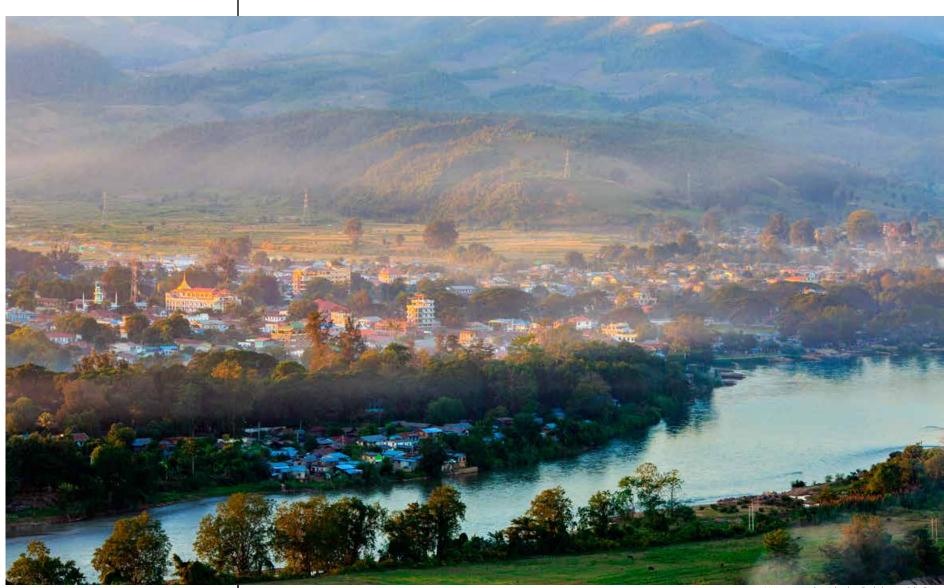
A Shan woman smokes a cheroot in her village home



Set in the rugged mountains of northern Shan State, Hsipaw is relatively far from the tourist trail but still easy to access. I caught the early train from Mandalay, travelling via the former British hill station of Pyin Oo Lwin and over the majestic Gokteik viaduct, reaching Hsipaw just as the sun was setting. Spend a few days in this town and you start to see familiar faces everywhere you go. For me, it began to feel more like a large village where everyone knows each other.

What to do in Hsipaw

Hsipaw is a cosy town and you can easily find yourself spending more days there than you had anticipated. The best way to get around is by bicycle. The main street is lined with shops and restaurants, although the true gems are naturally hidden in the side streets. A good Indian meal followed by a cup of fresh juice from Mr Shake is just what you need before or after trekking. There are also plenty of accommodation options if you haven't pre-booked. When we stepped off the train, the local drivers were racing to take us to their preferred guesthouses.



Hsipaw sits beside the Dokthawaddy River

Going off the grid

Our trekking guide, Min Tau, picked us up from our guesthouse at about 9am and we headed north of Hsipaw for our three-day trekking trip. Starting earlier would have saved us from walking during the hottest part of the day, but we took plenty of breaks to sit in small shops, drinking green tea and coffee mix. Min Tau made sure to remind us to buy water every time we saw a shop because there were stretches when the villages were more than 5 kilometres apart. Being the end of April, the countryside was red and dry, and the only

way to go around was on foot or motorbikes. It must be tougher to walk during the rainy season, but the scenery would be much livelier and greener.

Some authenticity left

Villages around Hsipaw are mostly ethnic Palaung and Shan. Hiring a local guide is definitely advised; most have spent years traversing the hills and villages so they know the best routes. Some speak all the local languages, which opens the door to fascinating experiences. Our guide was young but had accompanied his father when he



Villages around Hsipaw are mostly ethnic Palaung and Shan. Hiring a local guide is definitely advised; most have spent years traversing the hills and villages so they know the best routes.







Expect to see plenty of scenes like this while trekking around Hsipaw





was guiding groups of tourists and thus learned the least-travelled routes. He took us off the main road, which besides letting us walk in the shade meant we got a glimpse of locals' lives.

The harvest

In one village, a charismatic Palaung woman showed me a picture of herself at my age. Now 68, she was the head of her household, taking caring of her family and home. We were visiting in the middle of the harvest season, when she and her children were busy processing tea leaves. The younger girls arrived from their small family plantations with baskets full of freshly picked leaves and the older lady spread them evenly on a bamboo mat to dry. In Myanmar, it's rare to see a woman drink beer and smoke cigars, but at the end of the day this lady clearly enjoyed both.

Sleeping like a local

Each day we reached our destination in the afternoon, which gave us time to explore the surroundings. The villagers are by now used to foreigners; you'd need to trek for a few more days to reach somewhere truly off the beaten track. This made it all the easier though for us to play with the children and mingle with the monks at the monastery, or just observe the elders while they smoked and sorted the tea leaves. We were invited to attend a morning prayer ceremony at the monastery and were welcomed by many warm smiles.

Shan food, purely delicious

At our two homestays, in Pan Kan and Man Lwyne villages, we were served delicious home-cooked meals. I was overwhelmed by the hospitality of our hosts, who were always quick to offer more once we finished a dish. The food was all vegetarian; Shan State is the capital of fresh produce in Myanmar and we were lucky to get the chance to taste it shortly after it had been harvested.

Three days are plenty

In total we walked 45 kilometres in three days. This is not a huge distance and the terrain is not particularly difficult. Under the scorching sun, it was more tiring than we had expected. However, we preserved energy by walking at a modest pace, which also meant we could spend our time in conversation, contributing to a relaxed atmosphere. We met a group of hikers who had decided to do a trek on their own with a hand-drawn map from Mr Book, a shop in Hsipaw. The route took them on the main roads, meaning they missed the tea plantations and little settlements. Hiring a local guide not only gives you a warmer experience, it also supports



employment in the area.

Why go?

The trekking routes around Hsipaw are less crowded than the famous Kalaw-Inle trip. Because it is less exposed to tourism and the locals still make their living by farming, the area feels more authentic. This may change before long, so go there now – and make sure to bring back sun-dried tea leaves as souvenirs for friends and family.





When invited to come on the trip I'd been told that Shwesettaw was somewhere in Minbu township. I found Minbu on a map, noted it was close to Magwe and figured it wouldn't take too long to get there – after all, it didn't look that far from Nay Pyi Taw. It was a rookie error. As all road warriors here know, distance matters less than the quality of roads. Whether you're on a pilgrim bus is also important, as it dictates the number of stops on the way.

To top things off, on that March day it was also stinking hot at Shwesettaw – above 40 Celsius in the shade. We were dropped with our bags in a dusty carpark, which I later realised was a dry creekbed, and left to fend for ourselves.

From here, things could only get better, and they did. Because of its

remoteness, all visitors – aside from those who live locally – stay on site, either on their buses or in the modest accommodation available. We soon located a bamboo hut for rent, dropped our bags and fell asleep on the floor – all six of us, our heads resting on bags and piles of clothes.

When we eventually woke, we began exploring our surroundings.
The hut opened onto Mann Creek, which during the hot season is only

about 20 metres wide and waist deep. It was full of visitors of all ages escaping the heat, taking photos and playing with balls. Many were taking the opportunity to wash off the dirt acquired during their travels and patches of the water were covered with a slick of soap and shampoo. Vendors were selling pots of small fish that could be released into the water to earn merit.

As night fell, we looked through some of the shops, which included

The hut opened onto Mann Creek, which during the hot season is only about 20 metres wide and waist deep. It was full of visitors of all ages escaping the heat, taking photos and playing with balls.



Pilgrims placing gold leaf onto the Buddha's footprint at Auk Settaw Yar Pagoda







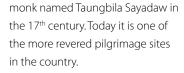
the usual festival fare, such as imported clothes and plastic toy guns, as well as local products like handwoven blankets.

Shwesettaw boasts not one, but two sacred sites – both of which purport to house heavily gilded footprints of the Gautama Buddha. This is where Shwesettaw derives its name: "shwe" means "gold", while "settaw" means "footprint".

Auk Settaw Yar Pagoda is located beside the creek ("auk"="lower"),

while perched up on a nearby hill is Ahtat Settaw Yar Pagoda ("ahtat"="upper").

The footprints are said to have been made in the 12th year after the Buddha attained enlightenment, when he visited the area with a group of 500 followers in an effort to spread the *dhamma* (teachings). According to the historian G.E Harvey, the location of the site was lost for many years before being rediscovered by a

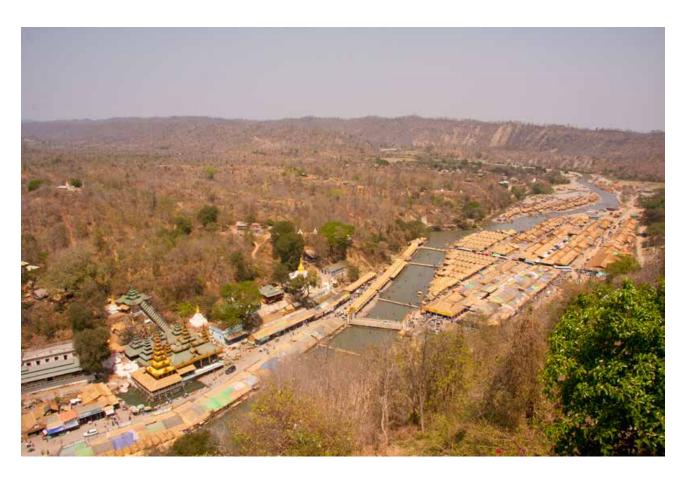


When we took advantage of the cooler evening air to visit the lower pagoda, it was jammed full of pilgrims buying gold leaf to place on the oversized footprint, which was about a metre long.

It's not always quite that busy, though. The Shwesettaw Pagoda festival is unique in that it runs for two or more months, from the fifth waning day of Tabodwe – February 16 this year – to Myanmar New Year's Day, which is celebrated annually on April 17.

We had come on the full moon of Tabaung, in mid-March. On this particular year the auspicious day fell on a weekend, helping to push visitor numbers even higher; trustees estimated that 100,000 pilgrims had visited in the few days around the full moon.





Each weekend during the festival period, the site hosts tens of thousands of pilgrims from across the country. Visitor numbers drop off during the week and outside of the festival Shwesettaw is virtually deserted – it's often inaccessible during rainy season.

To get a sense of the scale, it's best to climb the long, covered staircase up to Ahtat Settaw Yar Pagoda, which offers commanding views of Mann Creek and the festival site. Below, in the curl of the dry creekbed, sat a mass of bamboo buildings – shops and huts – including our own "riverview" room.

Its relative remoteness means that during the festival Shwesettaw becomes a small town, with all the amenities that a traveller might need. It's also an important incomegenerator for the local economy, including vendors and those selling locally made goods.

In recent years, attention has focused on the large sums of money that have washed through the pagoda's donation boxes as a result of the festival. Allegations surrounding the management of that money by the pagoda's board of trustees have been aired regularly. After the National League for Democracy took office in Magwe Region they introduced

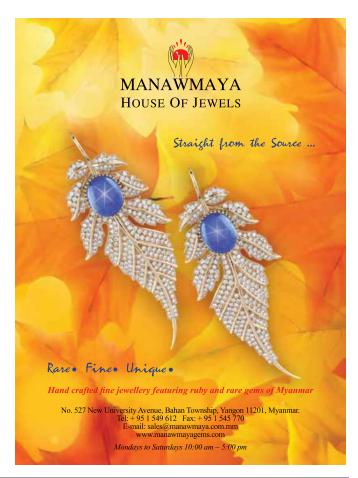


reforms to the pagoda's administrative procedures and financial management.

Regional government minister U Nay Myo Kyaw told weekly magazine *Frontier Myanmar* that the pagoda's income should have been about K2 billion a year, but it had only K3.7 billion in a bank account. An investigation found funds had been misused and elections were then held on November 30, 2016, to replace the old trustees.

What effect this will have for festival goers was unclear at the time of writing. It may help to stem some of the price gouging that goes on at peak festival times, when bamboo rooms can cost as much as K60,000 a night. It may also help to encourage more donations, although when I visited pilgrims seemed to have no reluctance in parting with their hard-earned.

Our visit to Shwesettaw ended with the long return bus trip, which included, of course, several pagoda, restaurant and immigration stops. Mercifully, the young pop star's Thingyan DVD had disappeared, perhaps destroyed by a half-crazed passenger. As always, the return journey seemed to pass much more quickly, and we were soon back in Yangon, ready to return to work on Monday.











TO GET TO

Anyone who has endured the trip over the mountains from the Ayeywarwady Region capital Pathein to Chaungtha or Ngwe Saung knows that it's a drag. The drive to those beaches is only getting worse as a result of Yangon's grinding traffic, which means it can take a couple of hours just to exit the city. In contrast, Ngapali is just a 45-minute plane ride, followed by 10 minutes on a bus to your hotel. Sure, it's more expensive than taking the highway bus, but it's also much more practical for a weekend or extended weekend getaway.



THE SEAFOOD IS AMAZING

It's hard to overstate how good the food is, particularly considering the price. Behind the hotels, a road runs parallel to the beach. On the other side of this road are dozens of restaurants offering freshly caught seafood, including a range of fish and prawns, squid, lobster and more. The shops are all regularly inspected by local tourism authorities to ensure they maintain hygiene and quality, which means you'll rarely have a bad meal. The hotels offer more upmarket fare but are still good value considering the freshness of the product and the quality of the preparation. For a more local style feed, head to the shops on the shore between Memento Resort and the old Ngapali Beach Hotel. Green Umbrella is a favourite and is regularly full – make a booking to avoid disappointment.

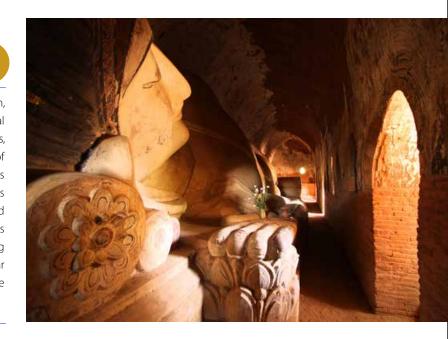






BAGAN (Nyaung U)

Bagan is arguably the country's peak tourist destination, and for good reason – it's one of the richest archeological sites in the region and contains more than 2000 pagodas, temples and religious sites. The zone also has some of the best hotels in Myanmar, while one company offers balloon flights that provide stunning bird's eye views of the plain. Other attractions include a golf course and horse riding tours. One of the best aspects of Bagan is the ease of getting there: visitors can fly into the Nyaung U airport, catch a bus from Mandalay or Yangon, hire a car to drive or hop on one of a number of boats and cruise there from Mandalay.









KYAING TONG 🔷 (Kengtung)

Kyaing Tong is the heart of the Golden Triangle – a hilly region where Laos, Thailand and Myanmar meet. It is a trekking oasis for travellers, both from Myanmar and abroad. The hard-to-reach hills are home to an extremely diverse mix of ethnic groups including the Akha, Lahu, Eng and Shan. Similarly diverse are the religions practiced by the different groups – it's easy to see small villages of one ethnic group in close proximity but separated by religion, be it Buddhism, Christianity or Animism. And within the town are the usual religious sites - Buddha images in different positions, churches and pagodas - that you can find in nearly every town in Myanmar. Further afield is the former casino town of Mong-La, which is notable today for its museum dedicated to the government's efforts to halt opium production.



MANDALAY



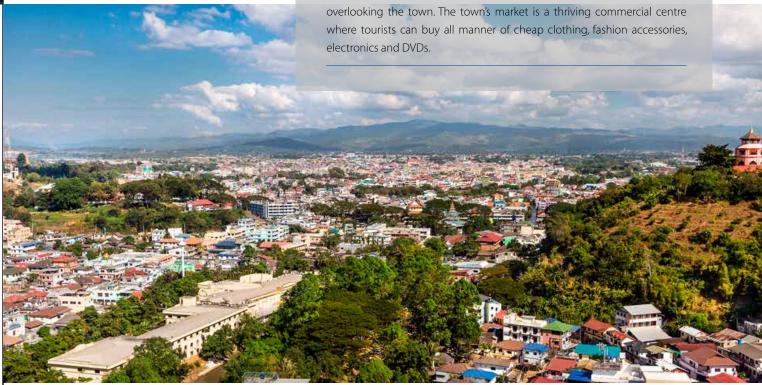
Often and fairly described as the cultural capital of Myanmar, Mandalay is a vastly different city to either bustling Yangon or the national capital Nay Pyi Taw. For many tourists Mandalay is the stepping off point for a tour of the country's peak tourist attractions – the stupa-dotted plains of Bagan and the idyllic Inle Lake. But the city offers so many of its own attractions that it's easy enough to spend a couple of days there, although it's best to plan ahead and do sightseeing outside of the hottest hours in the afternoon because the weather can be intense.

Mandalay has many fascinating religious sites such as the Mahamuni Pagoda and Mandalay Hill, but there is also the Royal Palace and cultural attractions such as handweaving of silk and cotton, stone carving, goldworking shops and bronze casting. Further afield are the ancient capitals of Amarapura, Sagaing, Ava and Mingun. Of these, Mingun is considered unmissable, with its incredible brick pagoda and giant bronze bell sure to catch the eye of visitors.





A famous border town between Myanmar and Thailand, Tachileik is popular with tourists in Thailand who need to visit another country to get their visas renewed. A small replica of Yangon's Shwedagon Pagoda sits on a hill









The Tanintharyi Region town of Myeik was a busy seaport during the colonial era and remains an important commerce town today. As well as hosting a large fishing fleet that trawls the Myeik Archipelago, Myeik is famous for the bird's nests harvested from shore-front buildings and the caves on its islands, as well as the pearling industry. However, there is plenty more to like about Myeik, including its incredible collection of colonial-era houses and buildings, many of which remain family homes or businesses today.

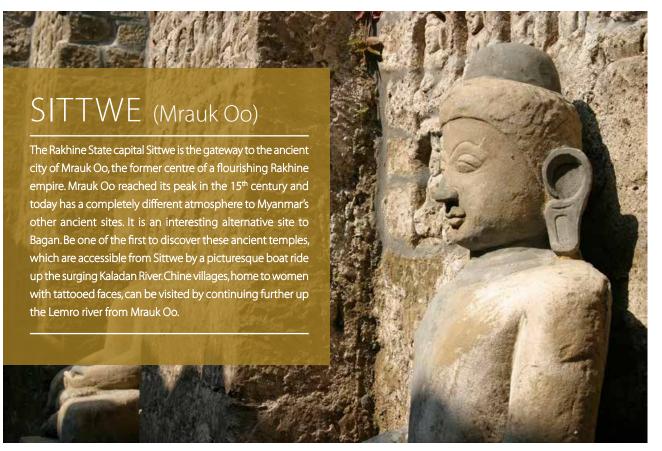




A formerly sleepy town in southern Tanintharyi Region, Dawei has lately become famous as the hub of a massive special economic zone and deepsea port proposed by Thailand. As well as its delicious fruits – pineapples, mangoes, mangosteens and durian – Dawei is also a major hub for other agricultural produce such as rubber, palm oil and cashew. Iconic Maungmakan Beach, where fishermen cast their nets only metres offshore is also close to the town, while the untouched wonder of the Myeik Archipelago is only a boatride away.











KHAMTI 🔷

Located high in the upper reaches of the Chindwin River, Khamti is an emerging destination that so far sees few visitors. That could change now that travel restrictions on foreign visitors have been largely lifted (some restrictions apply outside the town). While accommodation and other amenities are still basic, the beauty of the surrounding area more than compensates, with the Naga towns of Lahe and Layshi the main attractions. Many visitors choose to fly to Khamti and then take a slow boat back down the river, passing through Homalin, Mawlaik and Kalewa.

MYITKYINA 🐸



Myitkyina is the capital of northernmost Kachin State, nearly 1500 kilometres from Yangon and even 785 to the north of Mandalay. The city is in a flat valley that is scorching hot during the summer months and sees intense rains during the monsoon. The city sits at the western bank of the mighty Ayeyarwady River, about 40 kilometres downstream from where the river begins. Myitkyina is the terminus of the railway line and a crucial trading and administrative town within Kachin State. The city is also an important location for other touristic ventures in Kachin State. It can be reached by rail, boat or air but while the railway might sound a romantic idea be warned that a one-way trip from Mandalay will take at least 24 hours.

LASHIO

Another attraction within Shan State, Lashio is the largest town in northern Shan State and a key stop on the road that links Myanmar with China. For visitors Lashio offers motorcycle treks and hiking tours into the nearby mountains.





Travel Tips



With Buddhist, Hindu, Muslim and Christian communities and dozens of different ethnicities, Myanmar offers travellers a rich tapestry of peoples and cultures to explore. It's possible to plan a one-day intinerary that exposes you to food and traditions with origins in China 'and India and Rakhine and Shan states. While many local practices feature in other societies elsewhere in South and Southeast Asia, however, there are numerous ways in which daily life here is unique and a few business practices that may surprise even the well-travelled visitor. You'll be in good shape if you plan ahead and respect and embrace Myanmar ways. Here are a few things you should keep in mind:

Always carry cash.

A combination of crisp, new American bills in addition to a good supply of Myanmar notes is a necessity. Shopkeepers will sometimes demand payment in American bills but refuse to accept ones that are dogeared or torn. The same goes for money changers. If you're travelling outside the major centres, there may be limited or no access to ATM machines.

Try the local transport options.

In Yangon, riding in a trishaw, also known as a side car, might rightly be perceived as a dangerous proposition. But in smaller centres they're often an effective and fun mode of transport. They're also much more comfortable than they first appear. You can also try pony carts in places like Bagan and Pyin Oo Lwin, and boat rides at Inle Lake. In Yangon, consider riding the circle train. A complete three-hour loop for a foreigner costs about US\$1 and gives you a slow, scenic view of various townships.

It's okay to bargain, but don't be a cheapskate.

In informal transactions, such as at a wet market or negotiating a taxi fare, it's acceptable to bargain for a lower price. The best strategy is to be friendly and consider whether the price you expect will cause your driver or shopkeeper to lose money. Keep in mind that guidebooks go out of date quickly, so a price listed in a guide from just two years ago may not represent today's fair prices.

Buses are a great way to travel, but go prepared.

While there are an increasing number of short-haul budget flights available inside Myanmar, some places are still most easily and comfortably accessible by buses. For a few extra dollars, a V1P bus will be equipped with airconditioning and extra-wide seating. The food available on board and at rest stops, however, leaves something to be desired. If you want to avoid oily or overpriced fare, stock up before you go on bottled water and snacks.

Take a taxi.

Standard practice in places like Yangon is to negotiate the fare in advance, since most cars are not equipped with meters and those with meters do not use them. If you don't know what the fare to your destination should be, inquire beforehand with a local or staff at your hotel. Short trips may be as little as K1500, while K4000 should cover a significant distance, depending on traffic and time of day. Expect to pay more after 10pm, but it's reasonable to bargain if you suspect the first-named price is too much.

Forage for your breakfast.

Many hotels will provide a complimentary breakfast. It might be convenient, but you're missing out. At street stalls, you can find local breakfast specialties such as mohinga, a fish and noodle curry, and an array of fresh fruits and juices. Tea shops, offer strong cups of milky laphet yey (literally, tea water) and various pastries such as samoosas or Chinese steamed pork buns, depending on the ethnicity of the owners.

Be in control of your sugar and monosodium glutimate (MSG) intake.

First-time visitors to Myanmar are somerimes shocked by the amount of sugar mat locals consume in the form of beverages like tea with condensed milk and fruit juice. Expect that your fresh banana or watermelon smoothie will have a heaping tablespoon of sweetener in it, unless you request otherwise. The way to ask for less sugar is tha jar shob htet par. Similarly, some restaurants add MSG to their food. The way to ask for no MSG is ar cho mhote rna htet ne.

Book hotels and guest houses in advance.

This is especially wise if you're travelling in peak season. The number of expected tourists to Myanmar has gone up tremendously in me past couple of years, to 3 million in 2014. Almough investors are pouring money into the tourism industry, for the moment the supply of hotel rooms is modest. You might consider booking through a travel agent, of which there are many in Yangon and Mandalay. A travel agent can help you save time and stress

Pack a few basic essentials everywhere:

Sunscreen, insect repellant, ear plugs and a headlamp or fashlight. As in other parts of Asia, you can find sunscreen and insect spray in local shops and supermarkets but not many of the brands that you would find in Western countries. Bring your own if you want quality assurance. Earplugs are a necessity if you plan to be travelling by bus - most play hours of pop music videos or soap operas, sometimes until wee hours of the morning. A headlamp will save you trouble on days of unexpected power outages, on treks and, in small towns, the hours just before and after dark when electricity may not be available.

Off the beaten path really is remote.

Be aware that some towns and villages may not have any services geared toward tourists, except for a couple small snack shops. If you're going into areas less accustomed to tourists, plan ahead and be prepared to rough it. Hsipaw, Namshan and Putao, for example, are great places to go trekking. But if you're looking for hot showers and a choice of dinner plans, these places may not be for you.

Plan for the season.

For most activities, the best time to visit Myanmar is the cool season between November and February. But if you're visiting during the rainy season, June to September, try Upper Myanmar - the plains region of Bagan and Mandalay - which stays relatively dry. If you are visiting in the cool season, also be aware that Bagan and northern regions like Shan State will be chilly enough that you'll want to pack pants, layers and a jacket.

How you dress is how you will be judged.

Dress across Myanmar tends to the conservative side. You won't see local ladies wearing sleeveless tops, even at me beach, and only in big cities will some girls sport mini skirts or leggings. Expect some extra attention, or reluctant service in small shops, if you do. When visiting a temple or monastery, opt for long pants or the traditional longyi, covered shoulders and no cleavage. Otherwise you may be denied entry or, if you're lucky, you can loan a longyi.

A kissing sound will get a waiter's attention.

It might seem like a rude thing to do, but whether you're at a tea shop or a beer station, you'll hear locals pucker their lips and make a sound like a catcall to order a beverage or get the bill. It's perfectly acceptable and much more effective than waving your arms.





From 1th May 2017 to 30th September 2017

From Yangon (RGN)

To Nyaung-U (NYU)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|-------|----------|
| 7Y-131 | 0645 | 0805 | DAILY | - |
| 7Y-241 | 1525 | 1805 | DAILY | MDL, HEH |

From Nyaung-U (NYU)

To Heho (HEH)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|-------|-----|
| 7Y-131 | 0820 | 0935 | DAILY | MDL |

To Mandalay (MDL)

| 7Y-131 | 0645 | 0850 | Daily | NYU |
|--------|------|------|-------|-----|
| 7Y-241 | 1525 | 1720 | DAILY | HEH |

To Yangon (RGN)

| 7Y-131 | 0820 | 1100 | DAILY | MDL, HEH |
|--------|------|------|-------|----------|
| 7Y-241 | 1820 | 1940 | DAILY | - |

| 7Y-131 | 0645 | 0850 | Daily | NYU |
|--------|------|------|-------|-----|
| 7Y-241 | 1525 | 1720 | DAILY | HEH |

From Mandalay (MDL)

To Yangon (RGN)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|-------|-----|
| 7Y-131 | 0905 | 1100 | DAILY | HEH |
| 7Y-241 | 1735 | 1940 | DAILY | NYU |

To Heho (HEH)

| 7Y-131 | 0645 | 0935 | DAILY | NYU, MDL |
|--------|------|------|-------|----------|
| 7Y-241 | 1525 | 1635 | DAILY | - |

To Heho (HEH)

| 7Y-131 | 0905 | 0935 | DAILY | - |
|--------|------|------|---------|---|
| 7Y-661 | 0950 | 1020 | TUE,THU | - |
| 7Y-662 | 1310 | 1340 | TUE,THU | - |
| 7Y-667 | 1220 | 1250 | WED,FRI | - |
| 7Y-682 | 0950 | 1020 | SAT | - |
| 7Y-667 | 1220 | 1250 | SUN | _ |

To Sitture (AKY)

To Thandwe (SNW) 7Y-413 1130 1350

| 10 0100 | 10 Bittive (I IIX1) | | | | | | | |
|---------|---------------------|------|-------|---|--|--|--|--|
| 7Y-413 | 1130 | 1250 | Daily | - | | | | |

DAILY

AKY

To Nyaung-U (NYU)

| , | O | • | | |
|--------|------|------|-------|---|
| 7Y-241 | 1735 | 1805 | DAILY | - |

From Nyaung-U (NYU)

To Mandalay (MDL)

| | • | | | |
|----------|------|------|-------|-----|
| FLT. NO. | ETD | ETA | DAYS | VIA |
| 7Y-131 | 0820 | 0850 | DAILY | - |

| 7Y-241 | 1735 | 1805 | DAILY | - |
|--------|------|------|-------|---|
| | | | | |

To Tachileik (THL)

| 7Y-693 | 1300 | 1443 | MON | HEH |
|--------|------|------|----------|-----|
| 7Y-661 | 0950 | 1133 | TUE, THU | HEH |
| 7Y-667 | 1220 | 1250 | WED, FRI | HEH |
| 7Y-682 | 0950 | 1133 | SAT | HEH |
| 7Y-667 | 1220 | 1403 | SUN | HEH |



From 1th May 2017 to 30th September 2017

From Mandalay (MDL)

To Kyaing Tong (KET)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|----------|-----|
| 7Y-662 | 1310 | 1450 | TUE, THU | HEH |

From Heho (HEH)

To Nyaung U (NYU)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|-------|-----|
| 7Y-241 | 1650 | 1805 | Daily | MDL |

To Lashio (LSH)

| 7Y-693 | 1300 | 1555 | MON | HEH,THL |
|--------|------|------|-------------|---------|
| 7Y-667 | 1220 | 1515 | WED,FRI,SUN | HEH,THL |
| 7Y-682 | 0950 | 1245 | SAT | HEH,THL |

To Tachileik (THL)

| 7Y-693 | 1345 | 1443 | MON | - |
|--------|------|------|----------|---|
| 7Y-661 | 1035 | 1133 | TUE, THU | - |
| 7Y-667 | 1305 | 1403 | WED, SUN | - |
| 7Y-667 | 1135 | 1233 | FRI | - |
| 7Y-682 | 1035 | 1133 | SAT | - |

To Myitkyina (MYT)

| 7Y-691 | 0630 | 0740 | MON | - |
|--------|------|------|----------|---|
| 7Y-651 | 0700 | 0810 | TUE, THU | - |
| 7Y-651 | 0630 | 0740 | WED, SUN | - |
| 7Y-681 | 0700 | 0810 | SAT | - |

To Kyaing Tong (KET)

| 7Y-662 | 1355 | 1450 | TUE, THU | - | | | |
|--------|------|------|----------|---|--|--|--|

To Khamti (KHM)

| | • | | | |
|--------|------|------|----------|---|
| 7Y-665 | 0920 | 1035 | WED, SUN | - |

To Lashio (LSH)

| | , | , | | |
|--------|------|------|----------|-----|
| 7Y-693 | 1345 | 1555 | MON | THL |
| 7Y-667 | 1305 | 1515 | WED, SUN | THL |
| 7Y-667 | 1135 | 1345 | FRI | THL |
| 7Y-682 | 1035 | 1245 | SAT | THL |

From Heho (HEH)

To Yangon (RGN)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|-------|----------|
| 7Y-131 | 0950 | 1100 | Daily | - |
| 7Y-241 | 1650 | 1940 | Daily | MDL, NYU |

To Kyaing Tong (KET)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|----------|----------|
| 7Y-662 | 1145 | 1450 | THU, THU | MDL, HEH |

To Mandalay (MDL)

| 7Y-694 | 1835 | 1905 | MON | - |
|--------|------|------|----------|---|
| 7Y-241 | 1650 | 1720 | DAILY | - |
| 7Y-663 | 1615 | 1645 | TUE, THU | - |
| 7Y-668 | 1755 | 1825 | WED, SUN | - |
| 7Y-668 | 1625 | 1655 | FRI | - |
| 7Y-683 | 1525 | 1555 | SAT | - |

To Lashio (LSH)

| | ` ` | , | | |
|--------|------|------|----------|---|
| 7Y-693 | 1455 | 1555 | MON | - |
| 7Y-667 | 1415 | 1515 | WED, SUN | - |
| 7Y-667 | 1245 | 1345 | FRI | - |
| 7Y-682 | 1145 | 1245 | SAT | - |





From 1th May 2017 to 30th September 2017

From Tachileik (THL)

To Heho (HEH)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|----------|-----|
| 7Y-694 | 1725 | 1823 | MON | - |
| 7Y-662 | 1145 | 1340 | TUE, THU | MDL |
| 7Y-668 | 1645 | 1743 | WED, SUN | - |
| 7Y-668 | 1515 | 1613 | FRI | - |
| 7Y-683 | 1415 | 1513 | SAT | - |

To Mandalay (MDL)

| | • | | | |
|--------|------|------|----------|-----|
| 7Y-694 | 1725 | 1905 | MON | HEH |
| 7Y-662 | 1145 | 1255 | TUE, THU | - |
| 7Y-668 | 1645 | 1825 | WED, SUN | HEH |
| 7Y-668 | 1515 | 1655 | FRI | - |
| 7Y-683 | 1415 | 1555 | SAT | HEH |

From Kyaing Tong (KET)

To Heho (HEH)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|----------|-----|
| 7Y-663 | 1505 | 1600 | TUE, THU | - |

To Mandalay (MDL)

| | J | ` | , | |
|--------|------|------|----------|-----|
| 7Y-663 | 1505 | 1645 | TUE, THU | HEH |

From Lashio (LSH)

To Tachileik (THL)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|----------|-----|
| 7Y-694 | 1610 | 1710 | MON | - |
| 7Y-668 | 1530 | 1630 | WED | - |
| 7Y-668 | 1400 | 1500 | FRI, SUN | - |
| 7Y-683 | 1300 | 1400 | SAT | - |

To Heho (HEH)

| 7Y-694 | 1610 | 1823 | MON | THL |
|--------|------|------|---------------|-----|
| 7Y-668 | 1530 | 1743 | WED, FRI, SUN | THL |
| 7Y-683 | 1300 | 1513 | SAT | THL |

From Lashio (LSH)

To Mandalay (MDL)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|---------------|----------|
| 7Y-694 | 1610 | 1823 | MON | THL, HEH |
| 7Y-668 | 1530 | 1825 | WED, FRI, SUN | THL, HEH |
| 7Y-683 | 1300 | 1555 | SAT | THL, HEH |

From Thandwe (SNW)

To Yangon (RGN)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|--------------------|-----|
| 7Y-413 | 1405 | 1455 | MON, TUE, THU, SAT | - |

From Sittwe (AKY)

To Yangon (RGN)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|--------------------|-----|
| 7Y-413 | 1305 | 1455 | MON, TUE, THU, SAT | SNW |

From Myitkyina (MYT)

To Mandalay (MDL)

| FLT. NO. | ETD | ETA | DAYS | VIA |
|----------|------|------|--------------------|-----|
| 7Y-682 | 0925 | 1035 | MON, TUE, WED, FRI | - |
| 7Y-693 | 1135 | 1245 | MON | - |
| 7Y-651 | 0825 | 0935 | TUE, THU | - |
| 7Y-652 | 0755 | 0905 | WED, SUN | - |
| 7Y-652 | 0925 | 1035 | FRI | - |
| 7Y-682 | 0825 | 0935 | SAT | - |
| | | | | |

From Khamti (KHM)

To Mandalay (MDL)

| | _ | | | | |
|----------|------|------|----------|-----|--|
| FLT. NO. | ETD | ETA | DAYS | VIA | |
| 7Y-666 | 1050 | 1205 | WED, SUN | - | |

Passenger Sales Agents Mann Yadanarpon Airlines Agents

A & F

No.17, 4th Floor, Kan Thar Yar Street, DawPong Township, Yangon, Myanmar. Tel: 01 9190626, 9190641, 09 421 083740.

168 Air Ticket Sale Agent

No.114, Shwe Nyaung Pin Quarter, Myitkyina, Myanmar. Tel: 074 22071, 09 2401329, 09 790177736

Authentic Myanmar

R-3A, Yegyaw Road, Pazundaung Township, 11171- Yangon, Myanmar. Tel: 01-8610509 Fax: 01-203573

Alamanda Travels & Services

No.295(A), 1st Floor, 40th Street, Between Anawrahtar&BogyokeAung San Road, Kyauktada Township, Yangon, Myanmar. Tel: 01-245396.

All Asia Execlusive

No.(16/1), Baw Sin Lane (2), 24th Ward, Thuwunna Township, Yangon, Myanmar. Tel: 01-563549, 01-569658

AKM Tours

No.(16), Room (C-2), 1st Floor, Ariyamaggin Street, 14th Ward, Yankin Township, Yangon, Myanmar. Tel: 09-31543383, 09-250065825

Asian Trails

No.635 (J), Yoe Ma Yeik Thar, Pyay Road, Kamaryut Township, Yangon, Myanmar. Tel: 01-535574, 09 4534 11155, 09 4534 22288, 09 4534 33355. Fax: 01-503040

Amazing Time

No.139, 2nd Floor, Bargayar Road, Sanchaung Township, Yangon, Myanmar. Tel: 01-2304785, 09-43064845 Fax: 01-2304785

Acacia Bagan

No.3, Ground Floor, Saw Bwar Street, 9 Miles, Mayangone Township, Yangon, Myanmar. Tel: 09 402677000, 09 4017098, 09 797477200.

Asia EZ

No.174, 4th Floors, 45th Street, Kyauktada Township, Yangon, Myanmar. Tel: 01-8610608,09-420056227,

Asia Holidays

No.36, 38(A), Grand Myay Nu Condo, May Nu Street, Sanchaung Township, Yangon, Myanmar. Tel: 01-705742, 555568, 554468, 09-5005990

Asian Discovery

Room 801, Building B4, Bo Ba Htoo Housing, Bo Ba Htoo Road, (48) Ward, North Dagon Township, Yangon, Myanmar. Tel: 09 5174882, 09 785174882, 09 5341468, 09 785341468.

Ananda Travel

No.F-3, Myat Lay Street, Taw Win Housing, North Dagon Township, Yangon, Myanmar. Tel: 09-31635926, 09-425328182, 09-250373464. Fax: 01-662200

Ayuda Travel

No.31, Bld No.5, 4th Floor, Wai Punla Housing Complex, Khaymar Thi Road, North Okkalapa Township, Yangon, Myanmar. Tel: 09-5195863, 09-73176275

Asian Royal Star (Shan Pyi Thar)

No.278/300, 6-B, Zezawar Condo, Mahabandoola Garden Road, Kyauktada Township, Yangon, Myanmar. Tel: 01-385125, 255851,255852, 255891, 255892

Amazing Holidays

No.06-04, 06-05, 06-06, 6th Floor, Corner of Mahabandoola Street and Bo Myat Tun Street, Bo Myat Tun Tower, Botahtaung Township, Yangon, Myanmar. Tel: 09-5133115, 09-73026655

Asian Tour

R4/ 202, Shwe Than Lwin Compound, Pun Hlaing Street, Sanchaung Township, Yangon, Myanmar. Tel: 01-500062,2304688.

Air Tour Myanmar

YuZaNa Hi Way Complex, Room 001, Building (C-1), Ground Floor, Hnin Si Street, 6th Quarter, Kamayut Township, Yangon, Myanmar. Tel: 01-539974, 539975, 539976, 539978, 539977.

Amazing View

No.17/11, Rampur Quarter, Myitkyina, Myanmar. Tel: 09 793865264, 09 784789006.

Aye Chan Shwe Myay

Room No.68, 41 Street, Bet: 83rd & 84th Street, Mandalay, Myanmar. Tel: 02 66722, 31832, 09 519 8193, 09 431 02635.

Asia Time

No.101, Building (3C),(29) Quarter, Thuwanna Housing,Thanthumar Road, Thingungyun Township, Yangon, Myanmar. Tel: 01 8565519, 09 450294010, 09 450294060, 09 781 999990.

Aung (UTin Shwe)

Room 32, Di par kyaw Tike Khan, Near the Tadar (1), Tachileik, Myanmar. Tel: 09-5242624, 084-52681

Aye Yadanar (AKY)

No.(128), Main Road, Ma WlakeQtr, Sittwe, Myanmar. Tel: 09-5099568, 09-36057277

Asia Fantastic

No.99, First Floor, 28th Street (Middle), Pabedan Township, Yangon, Myanmar. Tel: 01 383479, 375030, 09 43174347.

Beautiful Present

No.166, 33rd Street, Between 76th & 77th , Mandalay , Myanmar. Tel: 09-791111172~76, 09-975121545.

Best Indochina International (The Wheel)

No.14, 1st Floor, Shin Saw Pu Pagoda Road, Sanchaung Township, Yangon, Myanmar. Tel: 01-539411, 09 5069011





Bagan Star

No.15-B, 5th Floor, Mar Lar Street, Near the HledanSein Gay Har Shopping Mall, Kamaryut Township ,Yangon, Myanmar. Tel: 01-2305531

Baton Tour

No.955, Aeindar (12) Street, Near Mahar Kyane Big Buda, North Okkalapa Township, Yangon, Myanmar. Tel: 09-49284743,09-420713246

Bua Travel

No.577/19, Soi Prachasanti, HuiKwaung District, Bangkok, Thailand.

Bagan Princess

No.131, Ground Floor, 40th Street, Kyauktada Township, Yangon, Myanmar. Tel: 01-243245, 372906, 398511

Bhamo Thu

No.160, Kyun Taw Street, Sanchaung Township, Yangon, Myanmar. Tel: 01-512316, 09-250559259

Booking Min

No.15/17, Rm-11B, Insein Road, Kamaryut Township, Yangon, Myanmar. Tel: 09-260703311, 09-797004931, 09-420228020

BM May Htan Chage

Ah Kwet No. (82/95), Industrial Zone, Hong Lake, Tachileik Township, Eastern Shan State Tel: 09 258 370766, 09 258 370772, 09 524 0448, 084 52034

Blue Skies

No.2G, Moe Kaung St, Mya Kan Thar Garden Housing, Hlaing Township, Yangon, Myanmar. Tel: 09-964810001, 09-964810002, 09-964810003

Best Smart & Go

No.17/1, Botayza Street, Shwe Pauk Kan, North Okkalapa Township, Yangon, Myanmar. Tel: 09974488700, 01695631, 09 451188700

Cherry Yoma Service (Asian Cherry Travel)

A(230), Myanma Gone Young St, Nat Chaung Quarter, Tarway Township, Yangon, Myanmar. Tel: 01-430487, 01-209448

Caravan

No.14, Jate Taw-Ma Zin Airport, Ngapali Beach, Thandwe, Myanmar. Tel: 09-8516479, 043-42404, 09-421753980

Costal Beauty

No.79, Ground Floor, Hnin Si Street, Ahlone Township, Yangon Tel: 09-550520, 01-2302031

Chan Myae Aung

No.369, That Ta Htarna Street, Pyae Taw Thar Quarter, BoGyi PhoThar Village, Sittway, Myanmar. Tel: 09-8501932, 09-41000159

Columbus

No. 586, Strand Road, Corner of 7th Street, Lanmadaw Township, Yangon, Myanmar. Tel: 01-229245~6

Cherry Chapter

No.135, Corner of Inya Road and Damaziti Road, Bahan Township, Yangon, Myanmar. Tel: 09-32 322 322, 09-788 800 800, 01-511 141, 09-97 447 4475

Capital 9

No. 13(A), Ground Floor, Kyi Taw Street, Yay Gyaw Ward, Mingalar Taung Nyunt Township, Yangon, Myanmar. Tel: 09-777909035-38, 09-43135294

Croton

Tel: 01 526165, 09 7800 68666, 09 9600 68666, 09 9633 61333. Room 01/02, 1st Floor, No.158, Dhamma Zedi Road, Sanchaung Township, Yangon, Myanmar.

Crystal Coast

No.162 (C), Lower Kyeemyindine Road, West Saw Yan Paing Quarter, Ahlone Township, Yangon, Myanmar. Tel: 01 225296, 09 778899797, 09 459947998, 09 774077791

Diethelm

No.412, Merchant Street, (Corner of 45th Street), Botathaung Township, Yangon, Myanmar. Tel: 01-203751~01-8610456

Daw San San Aye

No. 263(B), 81st Street, Between 23rd x 24th Street, Aung Myay Tharzan Township, Mandalay, Myanmar. Tel: 02-31799, 02-68643, 02-73441

D & T Travel

Room D-140/A, First Floor, ShwePhyu Plaza, Between 77th& 78th Street, Between 32nd& 33rd Street, Mandalay, Myanmar. Tel: 09-402775773

Dawn Knight

No.(273), 1st Floor, Pansodan Road (Upper Block), Kyauktada Township, Yangon, Myanmar. Tel: 09-254053147

Discovery

No.42B, Room No.9-10, 2nd Floor, Pantra Road, Dagon Township Yangon, Myanmar. Tel: 01-388330, 01-375432

Dream Land

No.206, Ground Floor, 39 Street, Middle Block, Kyauktadar Township, Yangon, Myanmar. Tel: 01-385232, 377080, 09-73113244

Dream Discovery

No.553, Marga Street, 12 Blk, South Okkalapa Township, Yangon, Myanmar. Tel: 01-863737, 09-26094552

Double Nine

No.120, 15th Street, (8th Fl), Lanmadaw Township, Yangon Tel: 01 2316866, 2303198, 095197906, 7 89216866, 09965197906.

Doe Myit Tar

No.6, Tat Ka Tho Street, Si Tar Pu Quarter, Myitkyina, Myanmar. Tel: 09 421170422, 09 260697800, 09 788671500

EPG

No.5, Nawaday Street, #601, Grand Nawaday Condominium, Dagon Township, Yangon, Myanmar. Tel: 01-378714~19

Eugenia

34th Street, Between 73 Street & 74 Street, Mandalay, Myanmar. Tel: 09-402534023, 09-970074331

Exo Travel

No. 147, Shwegondaing Street, West Shwegondaing Ward, Bahan Township, Yangon, Myanmar. Tel: 01-8604933~40, 8603271, 558215 Fax: 01-8604932

Exotic Myanmar

No. 225, Room No. 1502, 15th Floor, Olympic Tower, Bo Aung Kyaw Street, Kyauktada Township, Yangon, Myanmar. Tel: 01-386539, 392886, 381945

Easia

No. 8, Mahasi Thathana Yeiktha Street, Bahan Township, Yangon, Myanmar. Tel: 09 262239992, 09 420182290, 09 452222188

Elegant Lotus

No.14 A/14, Ma Gyigyi Street, Sanchaung Township, Yangon, Myanmar. Tel: 09-5134910, 09-421013025 Fax: 01-2305503

Eastern Rose

A5, Near Waziyar Cinema, Ground Floor, (34) Street, Kyauktada Township, Yangon, Myanmar. Tel: 09 253685836, 01 255129, 09 43052531

Ever Wing

No.22 SA, Ayar Quarter, Near KBZ Bank, Myitkyina, Myanmar. Tel: 074 29209, 09 43118652

Fly Mya Tech

1260, Inna 3 Street, Quarter 6, South Oakkalapa Township, Yangon, Myanmar. Tel: 018500 666, 01 8500 870 ~ 72

Fairy Smile

No.122, Khay Mar Thiri Road, Myitkyina, Myanmar. Tel: 09-2400597, 09-400040600

Family Mandalar

No. 170/176, New Aye Yar Hotel (Ground Floor), Bo Aung Kyaw Road (middle), Botahtaung Township, Yangon, Myanmar. Tel: 01-256856

Focus Asia

No.126, Rm-005, New World Building, Kabaraye Pagoda Road, Bahan Township, Yangon Tel: 01-430900, 09-73214664

Fully Light

B 801, Dagon Centet(1), Bargaya Road, Myaynigone, Sanchaung Township, Yangon, Myanmar. Tel: 01-503815, 01-516932, 01-516964, 01-516985

Fly To World

No. 29, 2nd Floor, 3A Ma Po Street, Myaynigone, Sanchaung Township, Yangon, Myanmar. Tel: 09-448019830, 09-33389877, 09-33389733

Fairy Tales

Hladan Center, Level (2), Room No. (210), Kamaryut Township, Yangon, Myanmar. Tel: 09 968986700, 09 31516490, 09 968985900

Fire Fly

No.8, Ground Floor, 14th Street (Lower), Lanmadaw Township, Yangon, Myanmar. Tel: 01-224484, 09 781 194605, 09 795 258055

First Mandalar Travel

No.87, 77th Road, Bet: 26th & 27th Streets, Chan Aye Tharzan Township, Mandalay, Myanmar. Tel: 02-69060, 69070, 09-94788177

Fairness Travels & Tours

No.36, Bo Hmu Aung Street, East Shwe Gone Taing Road, Bo Sein Hman Quatrer, Bahan Township, Yangon, Myanmar. Tel: 09 448049513, 01 545119, Ext;0/109/110, 01 8603844

Flight City

No.98, 1st Floor, Myanma Gone Yi Road, Mingalar Taung Nyunt Township, Yangon, Myanmar. Tel: 09 252597775, 09 252276434, 09 252034964

FredCole

No.202, 5th Floor, Bldg., C-10, Thirimingalar Garden Home, Kannar Road, Ahlone Township, Yangon, Myanmar. Tel: 09 260 358866, 09 260 358877, 09 260 358833, 09 458 022993

Foremost Star

No. (42), 4th Floor, 152 Street, Tarmway Township, Yangon, Myanmar. Tel: 01 430516, 09 5181647, 09 9666 980 65

Grand Lotus

No.87, Level 6, U Kun ZawYeik Mon, U Kun Zaw Avenue, Hlaing Township, Yangon, Myanmar. Tel: 01-2305003~6, 01-507006

Gandawun Shwe Bagan

No.67,Baho Road, Sanchaung Township, Yangon, Myanmar. Tel: 09-31063288, 09-421059827, 01-500191, 5192931

Golden Orbit

No.29 (A), KhineShwe War Street, 1 Ward, Kamaryut Township, Yangon, Myanmar. Tel: 01-515138, 09-73148112, 09 73076759

Good Heart

No.866, U Wisara Road, 34 Ward, North Dagon Township, Yangon, Myanmar. Tel: 09-450044059, 01-584007

Green Land

No.86, Si Pin ThaYa Road, MyothitQuarter, Myitkyina, Myanmar. Tel: 09-36268764, 09-400043634

Gulf Travel

No.464/470, Maha Bandula Road, Corner of 31 Street and Maha Bandula Rd, Pabedan Township, Yangon, Myanmar. Tel: 01-378235~237, 249187, 252642

Golden Host

No.77 E, Room No. (2 & 3), Shin Saw Pu Street, In front of MEP, Sanchaung Township, Yangon, Myanmar. Tel: 01-2306059, 09-73075806, 09-73083736 Fax: 01-2306059

Global Grace

No.37, East Baho Street, Sayarsan North, East Quarter, Bahan Township, Yangon, Myanmar. Tel: 01-549931, 09-31101999

Global Vacation

No.75, U Aye (2) Street, Hlaing Township, Near Parami Sein Gay Har, Yangon, Myanmar. Tel: 01-230 5311, 09-795 560096, 09 780 313200

Gold Yadanar Hotel

No.111, 34th Street, Between 77th and 78th Street, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 02-71048, 02-71204, 02-61742 Fax: 02-61742



GTS

Room No. 206,207, 2nd Floor, Olympic Tower, Corner of Mahabandola Road & Bo Auna Kyaw Street, Kyauktada Township, Yangon, Myanmar. Tel: 01-243123, 01-392537, 706363

Golden Bell Family (Diamond Heart Travel)

No. 136/138, Anawrahta Road, Between 48th Street & Bo MyatTun Road, Botahtaung Township, Yanaon, Myanmar. Tel: 09-421135455 Fax: 01-202293

Green& Green

No.456, 81st Street, Between 32nd and 33rd Street, Chan Aye Thar Zan Township, Mandalay Tel: 02-66856, 02-66498

Great Thitagu

No. 298, 81st Street, Between 21st & 22nd Street, Aung Myay Thar Zan Township, Mandalay, Myanmar. Tel: 01-656929

Golden Pass

576(D), Dhamayon Street, 6 ½ Miles Hlaing Township, Yangon Tel: 01-539924

Global Myanmar Glory

No. C-8, Rm(201), Thirimingalar Garden Housing, Ahlone Township, Yangon, Myanmar. Tel: 09 5019002

Golden Trip

No.507, Pyay Road and Pyay Yeik Thar Street, Kamaryut Township, Yangon, Myanmar. Tel: 01-701027, 500351, 2305559 Fax: 01-500351

Golden Diamond Dragon

No.141, Ground Floor, SeikKanThar Street, Kyauktada Township, Yangon, Myanmar. Tel: 01-253870,386469

Golden Net Shine

No.708, A-1, Shwe Gone Thu Condo, Lower Kyi Myin Daing Road, Pan Hlaing Quarter, Kyi Myin Daing Township, Yanaon Tel: 09 263457011, 09 263457022, 09 263457033

Gateway Myanmar

No.308 (B), Pyi Taung Su Main Road, Myo Thit Quarter, Near Myo Thit Clock Tower, Mvitkvina, Mvanmar. Tel: 09 790 685 376, 09 790 685 379, 09 793 677 037, 09 240 1029

Golden Express

No. 97B, Wadan Street, Lanmadaw Township, Yangon, Myanmar, Tel: 01-225569, 226779

Golden Family

No.1/155-B, Aung Chan Thar Tike Tan, Bogyoke Street, Tachileik, Myanmar. Tel: 084-53370, 09-5242864

Golden Inle

No.45, Shwe Chan Thar Pagoda Road, Nandawwun Quarter, Nyaung Shwe Township, Southern Shan State, Myanmar. Tel: 09-785052706, 09-41006706

Grand Service Myanmar

No.590/B, Karaweik 3 Street, G-Quarter, North Okkalapa Township, Yangon, Myanmar. Tel: 09-250025851

Great Diamond Crown

No.10, West Circular Road, Sein Pan Quarter, Taunggyi, Southern Shan State, Myanmar. Tel: 081 200126, 09 5251153, 09 41003550

Glorious Myanmar

No.9, C-5, Royal Tower Housing, Yaw Min Gyi Street, Dagon Township, Yangon, Myanmar. Tel: 01 242510, 09 779003199

Golden Mandalay

No.3, Tadaroo Airforce Base, Tadaroo Division, Mandalay, Mvanmar. Tel: 09 503 1173

На На

Building C, G 1-11, First Floor, Pearl Condo, Kabaraye Pagoda Road, Bahan Township, Yangon, Myanmar. Tel: 09-73241241, 09 421048815

Happy Holidays

No.251, Ground Floor, 37th Street, Kvauktada Township, Yanaon Tel: 01-385729, 09-73787878

Horizon Network Express

No, 182, Ground Floor, (Left), 45th Street, 10th Ward, Botataung Township, Yangon, Myanmar. Tel: 01-397860

H.I.S

Room-206, 2nd Floor, No (66), Yuzana Tower, Shwegondaing Road, Bahan Township, Yanaon Tel: 01-553767, 554428

Hotel Royal Land

58th Street, Theik Pan Street x Ywar Lae Street, Chan Aye Thar Zan Township, Mandalay Tel: 09420750991, 09-251088883

High Light Travel

No.446, Sein Sein Hotel, 81 Street, Bet 32 x 33 Street, Mandalay, Myanmar. Tel: 09 257959009, 09 780782300

Hotel Shwe PyiThar

No.(B-8), PyinOoLwin Road, Bet 31x32 Street, Chan Ave Thar Zan Township, Mandalay Tel: 02-74401-09

Heritage Mandalay

No.004/92, 69th x 70th Street, 27th Street, Pyi Gyi Myat Hman Quarter, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 09 421 911717, 09 421 911818, 09 421 911919

Hola Hola

No.90, Myaung Kyi Street, Yae Kyaw, Pazundaung Township, Yanaon, Mvanmar. Tel: 09 779 922416, 09 254 504203

Interconnection

No.24-26, 37th Street, Ground Floor, Kyauktada Township, Yangon, Myanmar. Tel: 01-371691, 371692, 376109

I Fly

No.62, Min Yat Quarter, Sein MyaAyar Street, Myikyina, Myanmar. Tel: 074-22162, 074-23090

ICS TRAVEL GROUP

No.11, Maharmyaing Street Sanchaung Township, Yangon Tel: 01-511701, 01-511658, 01-523167

Irrawaddy Travel

No. 243, Main Road, Yupa Myauk, Sittwe, Myanmar. Tel: 09 421727619

Ignite Myanmar

No.27, Room 205, 2nd Floor, Ave Yeik Mon (5), Hlaing Township, Yangon, Myanmar. Tel: 09-974797776

Journeys Adventure

No.53, Nagayon Pagoda Lane, Mayangone Township, Yangon, Myanmar. Tel: 01-656259, 660104, 663261

Joyous Journey

No.20, Shwe Ga Bar Housing, 9th Street, Min Dama Road, Mayangone Township, Yangon, Mvanmar. Tel: 01-656611

Jade Castle

No.26B, Room 3, Ground Floor, Yaw Min Gyi Street, Dagon Township, Yangon, Myanmar. Tel: 01 223930, 388766, 09 250484822, 09 256178568~569

Joyful Land

No.195-B, 1st Floor, Khaing Shwe War Road, Kamaryut Township, Hledan, Yangon, Myanmar. Tel: 09 453269304, 09 453269305, 09 250376095

Just Travel

No.60, 4th Floor, Baho Road, Sanchaung Township, Yangon, Mvanmar. Tel: 09 455 50 6040, 09 773 50 6040, 09 452 77 9570

K & H Travels

No.92, Kvun Taw Street, Sanchauna Township, Yangon, Myanmar. Tel: 09-850098006

Ko Ko & Pa Pa

Room, 10, Blk 3, ShwePviMandalar Apartment, Kyaw Se Kan, PyiGyiTagon Township, Mandalay, Mvanmar. Tel: 09-970808555, 09-79885654, 09-796532555

Kant Kaw Nadi

No. 51/A, Ground Floor, Kaing Dan Street, 2nd Quarter, Lanmataw Township, Yangon, Myanmar. Tel: 01-221650 Fax: 01-221650

Kipling Tour

No.12(K), Pyi Thu Lane, 7 Miles, Mayangone Township, Yangon, Myanmar. Tel: 01-650260, 650326

King Plus

No.(102), MyoMa Quarter, Thakhinnetphay Street, Myitkyina, Mvanmar. Tel: 074-28019, 28020, 23839, 20344, 20360

No.2/378 (A), Ngwe Sandar St, Phayar Phyu Qrt, Taungyi, Myanmar. Tel: 09-401623302, 09-788511008, 09-788511009

K.T.Aung

No.3, Third Floor, Bayathokedi Street, Kyarkwetthit Quarter, Kyauk Myaung, Tamwe Township, Yangon, Myanmar. Tel: 09 252 858844, 09 798 421949, 09 425 281244, 09 450 280612

Legendary Myanmar

No.9, Room (A-4), 3rd Floor, Kyaung Street, Sanchauna Township, Yangon, Myanmar. Tel: 01-523653

Link World Travel

No.121, 42nd Street, Kvauktada Township, Yangon, Myanmar. Tel: 01-245780, 245867, 380830

Lotus Bonita

No.5, Sah/B, Aungmingalar Street, 4Qtr. Mayangone Township, Yangon, Myanmar. Tel:01-666802, 656453, 656458

Loyal Area

No.41, Sule Pagoda Round About, KyauktadaTownship, Yangon Tel: 01-381737

Luxurious

No.6, Myawaddy Street, Myanynigone, Sanchaung Township, Yangon, Myanmar. Tel: 09-5086507, 09-796305193

Loi Maw Company Limited

No.(70), Naung Kwang, (4) Quarter, Kyaing Tong, Myanmar. Tel: 084-23164, 23348, 09 49038555, 09 49032579, 09 5251457

Link In Myanmar Travel

No. 68,4th Floors, Tayoke Kyaung Street, Sanchaung Township, Yangon, Myanmar. Tel: 09 402 590371, 09 782 138503, 09 425372487

M.H.S Travel

No.112, Ground Floor, 39 Street (lower), Kyauktada Township, Yangon, Myanmar. Tel: 01-384700,384707,385428,386371

Mai Hsoong

Rm-33-49, Corner of Maharbandula Garden Street & Bank Street, Kyauktada Township, Yangon, Mvanmar. Tel: 01-373774-75, 09-73117963

Mandalay Holidays

No.395, 2th Floors, City Shine Tower, Bo Aung Kyaw Road, Kyauktada Township, Yangon Tel: 01-377332, 377333

Mega Mobile

No. 129, 29 Street, Between 81st X 82nd Street, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 02-36492

Minnovation (Trumpet Travel)

No.(Pa-3), Padomar Street, Sanchaung Township, Yangon Tel: 01-536975, 532250

Moe Tein

No.(202), Ground Floor, Corner of Bogyoke Street, Thein Phyu Road, Papaedan Township, Yangon, Myanmar. Tel: 06-741453, 06-741495

Mya Travel

No. 453, Mahabandoola Rd, (Corner of 32nd St), Pabedan Township, Yangon, Myanmar. Tel: 01-384299.01-254463

Mother Ayeyawaddy

No. 927/A, Innwa (7) Street, 6-Ward, South Okkalapa Township, Yangon, Mvanmar. Tel: 09-4927432

May Flower

No.240, Upper PansodanRoad, Kyauktada Township, Yangon, Myanmar. Tel: 01-377495~99, 09-73087999, 0973097888 Fax: 01-250117

Multi Colour

No. 528, 3rd Floor, Lower Kyeemyintdaing Road, Kyeemyintdaing Township, Yangon, Mvanmar. Tel: 01-211519, 225370 Fax: 01-221519

Mergui Sakura

No. 5, Barini Medicine Shop, Corner of East Shwe Gone Daing Road & Bosein Man Road, Bahan Township, Yangon, Myanmar. Tel: 059-22444, 22219, 09-5122897, 09-8740963

Mvanmar Modern Travel Service

No.190(D), Ground Floor, 50th Street, Pazundaung Township, Yangon, Myanmar. Tel: 01-8610461

Mya Thitagu

No. 298, 81 Street, Between 24 & 25 Street, Aung Myay Thar Zan Township, Mandalay, Myanmar. Tel: 02-30878, 02-67088 Fax: 02-67332

Myanmar Damsel

66/68 A, Building A, San Yeik Nyein 6th Street, 1th Floor, Kamaryut Township, Yangon, Myanmar. Tel: 01-523583. Fax: 01-523583

Myanmar Delta

No. 186, 33rd Street, Kyauktadar Township, Yangon, Myanmar. Tel: 01-386938

Myanmar Polestar

Room No.508/507, 5th Fl, La Pyayt Win Plaza, Dagon Township, Yangon, Myanmar. Tel: 01-382530, 255638

Myanma Toenavar

Address: No.112, Ground Floor, 8 Miles, Pyay Road, Manyangone Township, Yangon, Myanmar. Tel: 01-665065, 656692, 664593, 09 49036302

Myanmar Tracery

No.504,5th Floors, Yuzana Tower & Shwe Gone Tine Street, Bahan Township, Yangon, Myanmar. Tel: 01-552930, 552748

Myanmar Upperland

No.B-5,27th Street, Between 71st x72nd Street, Mandalay, Myanmar. Tel: 02-65011

Myanmar Voyage

No.44, Myaing Hay Won Housing, Behind Junction 8, 8 miles, Mayangone Township, Yangon, Myanmar. Tel: 01-667342, 666155, 09 73241857.09 73441857

Myanmar Signature

No.31, (2B), 1st Floor, U Tun Lin Chan Street, 1st Quarter, Kamaryut Township, Yangon, Myanmar. Tel: 01-2305101, 09-2007762 Fax: 01-2305101

Myanmar Milestone

No.62, Yadanar Street, (4) Quarter, North Okkalapa Township, Yangon, Mvanmar. Telephone: 09 252766962, 09 428371701

Mandalay Point Company

Bk-901, 78th Road, Between 42nd x Theik Pan Street, Mandalay -Yangon Highway, Maha Aung Myay Township, Mandalay, Myanmar. Tel: 09-783676800, 09-263676800

Myanmar Interlink Service

No.36H, Golden Valley Road, Golden Valley Ward 2, Bahan Township, Yanaon, Myanmar. Tel: 01-537061, 703493

Myanmar Getaway

No.341, Ground Floor, Bo Aung Kyaw Street, (Upper Block) Kyauktada Township, Yangon, Myanmar. Tel: 01-245546, 09-790 790 500

Myanmar Nine Elephants

No.230, Thit Sar Street, Near Yankin Hotel, (13) Quarter, Yankin Township, Yangon, Myanmar. Tel: 01 2330036, 09 448004329

Ma Nge Lay Travels & Tours

Building (1), First Floor, U Ba Han Street, Baho Road, Mayangone Township, Yangon, Myanmar. Tel: 09 777 107 155, 09 453 344 244

Ma Kvi Pin

No.427, Bogyoke Street, An Na War Quarter, Kaw Thaung, Myanmar. Tel: 059 51234, 09 250771045, 09 8752218

Mandalay Treasure

No.122 (B), Room G4, 31 Street, 80 x 81 Street, Chan Aye Tharzan Township, Mandalay, Myanmar. Tel: 09 680 7018, 09 203 6288, 09 261 0408655

Mr. Sai

No.664/A, 78Street, 42 Street, Mahaaungmyay Township, Mandalay, Myanmar. Tel: 09-787517121, 09-960931211

Suite 0606, 6th Floors, Yuzana Tower, No.69, Shwe Gone Daing Road, Bahan Township, Yangon, Myanmar. Tel: 01-552762, 552642, 09-4412693

Myanmar Bavarian

No.4, Tayza Road, Kyan Khin Su Quarter, Mingalardon Township, Yangon, Myanmar. Tel: 01 663347, 652191

Myanmar Tri Elephant

R(1002), 10th Floor, Parami Condo (12+1), 16th Ward, Hlaing Township, Yangon, Myanmar. Tel: 01-522219, 522262~5, Ext: 162, 09 518 6091

Myanmar Golden Image

No.21, Shwe Hnin Si Street, Sanchaung Township, Yangon, Myanmar. Tel: 01 536470, 535944, 09 420754250

Multi Nation

No.122/2, Naung tabin Street, Aung San Quarter, Insein Township, Yangon, Myanmar. Tel: 09 507 9989, 09 264666400, 09 964666400

Moments Myanmar

No.74, First Floor (Right), Lan Thit Street, Lanmadaw Township, Yanaon, Myanmar. Tel: 09 504 6332, 0978 517 5190, 09 97366 7977, 09781 999 300/400

Myanmar Universal Network Technology

No. (B8/201), 3 Quarter, 3 Street, Mindama Road, Mayangone Township, Yangon, Myanmar. Tel: 09 263335586, 09 254262256

Mvanmar Welcome

No.14,7 Floor, Yankin Street, Sanchaung Township, Yangon, Myanmar. Tel: 01 515299, 523329, 09 9448025655, 09 428212813, 095100920.098628882

Mya Moe Myint Cho

62nd Street, 19th x 20th Street, Aung Myay Tharzan Township, Mandalay, Myanmar. Tel: 09 257 002736, 09 910 46231, 09 454 599696

Myanmar Treasure Garden

No.12A, Pyi Road, 6 1/2 Miles, Hlaing Township, Yangon, Myanmar. Tel: 09 420 222080

New Seven Star

No.519(A/B), Thein Phyu Road, Mingalar Tauna Nyunt Township, Yangon, Myanmar. Tel: 01-246059, 01-246057, 01-706623, 01-380688

Nice Fare

No.5, Auna San Stadium, Joephyu Road, MingalarTaungNyunt Township, Yangon, Myanmar. Tel: 01-393088, 393049, 374933

No.1 Travels & Tours

6/126, (12) Quarter, Mann Nar Street, Lashio, Myanmar. Tel: 082 23153

Nature Link

Olympic Hotel- Ground Floor, National Swimming Pool Compound, U Wizara Road, Dagon Township, Yangon, Myanmar. Tel: 01-243130~35, 01-374277

Nan Taw Win

No.C-6, 71st Street, Between 30th X 31st Street, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 02-74029

Nature Dream

No.94, Third Floor, Bokalay Zay Street, Kyauktada Township, Yangon, Myanmar. Tel: 01-392239

Nice Style

No.355, Room(105), Theinbyu Road, Mingalar Taung Nyunt Township, Yangon, Myanmar. Tel: 01-399 299, 399 322

Nice Myanmar

No.28/C, D-2, Second Floor, Kvaukkone Street, Yankin Township, Yanaon, Myanmar. Tel: 01-571066, 562363

New Motion

No. 16, Kyun Taw Road, Sanchaung Township, Yangon, Myanmar. Tel: 01-527 922, 01-538 811, 09-731 48848, 09-731 48922

Nwav Oo Ya Nant

No.154,78th Between 39th & 40th Street, Mandalay, Myanmar. Tel: 02-68201, 09-2038010

New Memory

No.72/4A, 3rd Floor, Bogyoke Aung San Road, Pazundaung Township, Yangon, Myanmar. Tel: 09 457155284/85/86, 09 49294017, 09 5032856, 09 965032856

Orchestra

No.201, Bo Myat Htun Road, Botahtaung Township, Yangon, Myanmar. Tel: 01-294612, 200883

Oway Company Limited

No.36/38, Grand Myay Nu Tower, 9th Floor, Myay Nu Street, Sanchaung Township, Yangon, Myanmar. Tel: 01-2304201~2

Odyssey

No.221/223, Ground Floor, Bo Aung Kyaw Rd, Kyauktada Township, Yangon, Myanmar. Tel: 01-373199, 246334, 246339, 240545, 09-73187799, 73197799

One Stop

No.160/C3, Kyuntaw Street, Sanchaung Township, Yangon, Myanmar. Tel: 01-537522,523486

Okoake Khaung

No.48, Ground Floor, Yay Kyaw Main Road, Pazuntaung Township, Yangon, Myanmar. Tel: 01-8610724, 01-8610725, 09-455551566,09-455551588

Our Blessing

No.34 (A), KyaikKasan Road, Tarway Township, Yangon, Myanmar. Tel: 01-556986

Pictureque Myanmar

No.47/49, First Floor, 46 Street, (lower), Kyauktada Township, Yangon, Myanmar. Tel: 01-397230, 01-8610247, 01-03001231

Pearl Princess

No.131, ZayTaungBat Street, Zayit Quarter, Dawei, Myanmar, Tel: 059-21282, 059-22282, 22082 Fax: 059-23282

Peace House

No. 199, Room (6), 1st Floor, Bo Myat Htun Street (Middle Block), Botahtaung Township, Yangon, Myanmar. Tel: 01-9010757, 294669, 09 450035295

Pro Asia

No.26, New Ni Street, Alone Township, Yangon, Myanmar. Tel: 09-796262688, 09-421179583

Proniti Travel

No.28, 4th Floor, Botahtaung Road (Upper), Botahtaung Township, Yangon, Myanmar. Tel: 09-420065267, 01 203257

Padamyar Daewi (SNW)

No.3, LinTha Quarter, Ngapali Township, Thandwe, Rakhine, Myanmar. Tel: 09-421 730810, 043-42349

Padamyar Daewi (AKY)

No.102, U Oak Ma Street, Kyaung Tat Street, Sittwe, Rakhine, Myanmar. Tel: 043 21638, 09 568 0606, 09 568 0161

P.B. Travel

No. 191/2, Changklan Rd, Muang Chiangmai, Thailand. Tel: 053-272338

Panaoramic Myanmar

No.40/ B, Ground Floor, 109 Street, Mingalar Taung Nyunt Township, Yangon, Myanmar. Tel: 01-205754, 09-2043875

Perfect Days

No.26, 1st Floor, N'we ni Street, San Yan Paina West Ward, Ahlone Township, Yangon, Myanmar. Tel: 09 43023033, 09263338883. 09 795563388

River Mekong Travel

No.002, Blt (C), Thitsar Garden Estate, Thitsar Road, South Okkalapa Township, Yangon, Myanmar. Tel: 01-8550452, 09-448013364

Rover Travel Service

Room (M)206, 14th Floor, Haleson Building, 1 Jubilee Street, Central, Hong Kong, China. Tel: (852)2845 4545

Royal Holiday

No.106/108, Room (2B), 1st Floor, Myanma Gone Yee Road, MingalarTaungNyunt Township, Yangon, Myanmar. Tel: 01-394977, 707335

Red Eagle

Ya/228, Kyauk Sein Street, Yadanar Thiri Quarter, Taung Gyi, Myanmar. Tel: 09-257214006, 09-259626269, 09-458040554

Rio Travels & Tours

No.205, Ground Floor, Seik Kan Thar Street, Kyauktada Township, Yangon Tel: 01-385 898,372 636, 09-5122423

Rainbows

No.155, Main Road, South Rupa, Sittwe, Myanmar. Tel: 09-41000302, 09-253078353, 09-254169741

Rosetta

Near CB Bank, Sandar Linn Hotel street, Tar Law Quarter, Tachileik, Tel: 084-52748, 09-428217910

Royal Majestic

No.35, 4th Floor, Thuka Street, Myay Ni Gone, Sanchaung Township, Yangon, Myanmar. Tel: 09 776687488

Royal Thazin Linn

No.50, Kyaung Gyi Street, In front of Sittwe University, Sittwe, Rakhine State, Myanmar. Tel: 09 451211388, 09 263728223 09 456973183,04322491

Sun Far

No. 25/29/31 , Ground Floor, 38th Street, Kyauktada Township, Yangon Tel: 01-243993, 01-380888 Fax: 01-246318, 01-254599

Shan Yoma

No.124/126, 50th Street, Pazundaung Township, Yangon Tel: 01-295510, 299389, 204152, 9010378.9010379.9010380~2

Star Zone

No.35, Ground Floor, Lan Thit Street,(lower), Landmadaw Township, Yangon, Myanmar. Tel: 01-2301511, 2301522, 226073 Fax: 01-226703

Sai Travel Service

No.339, Room No.1007, 10th Floor, Sakura Tower, Boavoke Auna San Road, Kvauktada Township, Yanaon Tel: 01-255400 Fax: 01-255675

Silver Phoneix

No.(C-008), Nanattaw Street, Hnin Si Lane, Kamayut Township, (Yuzana Highway Complex), Yangon, Myanmar. Tel: 01-535906, 01-292873

Swan Saung Yee

Building (B), Room (002), Thitsar Oo Yin Residence, South Okkalapa Township, Yangon, Myanmar. Tel: 09-8611864, 09-252368818, 01-562917

Sara Travel

B-1, H5B, Main Road, Khan Laung Quarter, New Bagan-Nyaung U, Myanmar. Tel: 09-254250620, 09-254083902

Seven Earth

No.154, Yuzana Block, SeinMvaAveva Park, Near AGD Bank, Myitkyina, Myanmar. Tel: 09-47003338, 09-400046088

Shwe Ka Thit

No.34, Thein Ni Street, (2) Quarter, Lashio, Myanmar. Tel: 082-30989, 082-25702

Sky Bird

No. 124, Ground Floor, 93rd Street, Mingalar Taung Nyunt Township, Yangon, Myanmar. Tel: 01-394500

Sky Ward

Rm No.6, 26 street, Bt 78 &79 St, Chan Aye Thar San Township, Mandalay, Myanmar. Tel: 09-6503048, 09-49318874

SM Tour

No.32, 10th street, Lanmadaw Township, Yangon, Myanmar, Tel: 01-225774

Smile Man Myot Taw

No -5 (6), 115 (A), Between 62nd & 64th Street, GawThazin Street, Chan Myae TharZan Township, Mandalay, Myanmar. Tel: 02-80911, 80903

Sweet Memory

No.48, 89th Street, MingalarTaung Nyunt Township, Yangon, Myanmar. Tel: 01-385292, 385642

Smart King Company

37th, Bet 74th x75th, Sat KyarN'we Sin Quarter, Maha Aung Myay Township, Mandalay, Myanmar. Tel: 09-265455551,09-2201078

Sweety Green Land

No.28, Mingalar Street, Phawkan Quarter, Insein Township, Yangon, Myanmar. Tel: 01-646067

Silk Road To Asia

No.9/F, Thalarwaddy Street, 7 Mile, Mayangone Township, Yangon Tel: 01-661259, 09-43144865

Seven Diamond

No.99, 99 Condo, Corner of U Wizaya Road &Damazedi Road, Kamayut Township, Yanaon Tel: 01-392974~75, 09-73092250

Sun Bird

No.120/121, First Floor, Anawyahtar Street, Pazundaung Township, Yangon, Myanmar. Tel: 01-293464, 8610647, 8610648

Seven Star

No.124, Yan Gyi Aung Quarter, Myitkyina, Myanmar. Tel: 074-21416, 09-400023353. 09-43163010

Sun Flower

No. 128, Myodaw Building, Main Road, Myoma Quarter, Taung Gyi, Myanmar. Tel: 081 2122575, 081 2123196, 081 2123529, 081 200856

Sein Nay Kyar

Block(12), Nal Myay (15), No(15/2), Thein Ni Street, Lashio, Myanmar. Tel: 09-5261395, 09-5262502, 082-23645,082-23361

Seven Swan

No. 330, 27 Street, Corner of 81 Street, Chan Aye Tharzan Township, Mandalay, Myanmar. Tel: 09 402 716416, 09 250 200404

Sky Light (MMT)

No.36, Bogyoke Stree, Thinbaw Seit Yat, Dawei, Myanmar. Tel: 09-45099266, 09-400455111

SMN

No.(4/17), Hnin Si street, Makarhokham Qtr, Tachileik, Myanmar. Tel: 084-52844, 092-60896381, 09-253784524,261501588



Swal Kyi Linn

SYJ

No.1093, Khay Mar Thiri Main Road,

Corner of 24 Street, Khay Mar Thi

No.5/124, Zezawah (2) St, San Sai

(Kha) Ward, Tachileik, Myanmar.

No.107, 12 Quarter, Airport Road,

Tel: 09 259 073778, 09 492 99425

No.4/137, San Saing (B) Quarter,

No.74, 9th Street, Lanmadaw

Township, Yangon, Myanmar.

Tel: 01 214936, 095194928,

09 960767722, 09 77508850,

No7, Laydaungkan Road,

Thingungyun Township, Yangon

Tel: 01-572375, 564882, 564992

No.15, Ground Floor, Padomar

No.19, 1st Floor, Phyar Pone Street,

Street, Sanchaung Township,

Tel: 09-5240751, 09-5241871

Near KBZ Bank, Sanchauna

Township, Yangon, Myanmar.

Tel: 01-2304713~14, 01-523384

No.339, Unit 1407, 11th Floors,

Sakura Tower, BogyokeAung

Yangon, Myanmar.

4412810, 09-4412811

Fax: 01-255035

Twilight

San Road, Kyauktada Township,

Tel: 01-255034, 255035, 704190, 09-

No. (A.3-G), 77th Street, Bet 31st&

Tel: 02-34665, 02-73965, 02-22169

32nd Streets, Mandalay, Myanmar.

Tel: 09 524 0905, 09 450 859947, 084

Quarter, Sittwe, Myanmar.

Block, Myitkyina, Myanmar.

09-2030473, 09-6401256

Tel: 09-458034920

Sun Moon

Shan Cherry

Sky Sweet

Sonic Ravs

09 785194928

Trade Wind

Fax: 01-561440

Thint Made Swe

Yangon, Myanmar.

Teak

Than Than

51621

Lashio, Myanmar.

Tachileik, Myanmar.

Tel: 074-24127, 09-400035441,

No.193, 32nd Street, Between 79th X 80th Streets, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 02-67033

Teo Myanmar

No.4A, Blt (1), 2nd Floor, Parami Road, Mayangone Township, Yanaon, Myanmar. Tel: 09-5083179,09-250067507

Toe De Myanmar

No.216, Main Road, Yu Pa Myauk No.109, 1st Flr, Sint Oh Dan Street, Lathar Township, Yangon Tel: 09 421710941, 09 250999223 Tel: 01-392974.01-392975

Travel Asia

No.233, YuzanaQtr, PviHtauna Su Main Road, Myitkyina, Myanmar. Tel: 074-21489, 09-47000212

Travel Go

No.211, 76th Road, Between:27th X 28th Street, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 02-67479,02-67489

Travelling Art

No-143(B), Baho Road, Ward No.(3), Kamayut Township, Yangon, Myanmar. Tel: 01-531399, 531471

Treasure Ace

No.11, Shwe Tauna Tan Street, Lanmadaw Township, Yangon Tel: 01-226252, 226245

Terraverde

No.53, Damikawaddy Street, Sanchaung Township, Yangon Tel: 01-511950

Treasure

No.56, Shwe Taung Gyar Street, Bahan Township, In the Air Bagan Head Office, Yangon, Myanmar. Tel: 01 513277

Tour Mandalay

No.02/03, 3rd Floor, Pearl Condominium (A), Kaba Aye Pagoda Road, Bahan Township, Yangon, Myanmar. Tel: 01-540457, 541428, 545516

Taw Win

No. 104, First Floor, 50th Street, Pazuntaung Township, Yangon, Mvanmar. Tel: 01-294043, 296737 Fax: 297328

Taste of Myanmar

No.21, Ground Floor, Mingalar Street, Hledan, Kamayut Township, Yangon, Myanmar. Tel: 01-2304243, 09-5015485

Travel Grace

No.24, PyitHtaungSu Road, Myae Myint Quarter, Myitkyina, Myanmar. Tel: 09-2401428, 09-6401104

Travel Fusion

Unit 3.01 The Wenlock Building 50-52 Wharf Road London, N1 7EU UK. Tel: 86 21 5445 3000 Ext.807, 86 138 1844 4216

Taw Win 77

No.68, 77th Street, Bet:34th & 35th Street, Chan Aye Thar Zan Township, Mandalay, Myanmar. Tel: 02-69339, 09-257442020, 09-258588088

Travel Irrawaddy

No.80, Pyit HtaungSu Road, Myae Myint Quarter, Myitkyina, Myanmar. Tel: 09 2401770, 07 421339

Tripmee

No.663, Byamaso Road, (Near Waizayantar Road), 4th Quarter, South Okkalapa Township, Yangon Tel: 01-8500770, 09-250143764

TSD

No.173, 27 Street, Bet 80 & 81 Street, Chan Ave Tharzan Township, Mandalay, Myanmar. Tel: 09 788 589951, 09 965 658686

Thukha Thar

No.202, 14th Street, Khay Mar Thiri, Mvitkvina, Mvanmar. Tel: 09 965239929, 074 21437, 09 793965403

Towards Dreams

No.64-4A, Yae Gyaw Street, Pazundaung Township, Yangon Tel: 09 782117832, 09 254011563, 01 296312

The Mighty Myanmar Travel No. 130, 5th Floor, Bar Ga Yar Road,

San Myauk Quater, Near KBZ Bank, Sanchaung Township, Yangon, Myanmar. Tel: 09 453002885, 09 776050304, 09 73099190

Travelmiles

No.307, 28th Street, Between 83rd x 84th Street, Chan Aye Tharzan Township, Mandalay, Myanmar. Tel: 09-774988869, 09-775988869, 09-9777778955, 09-449388882

Mann Yadanarpon Airlines Passenger Sales Agents

Tha Gvan Moe

No.(7/B), Ground Floor, Saytanar Street, 8th Ward, Kamayut Township, Yangon, Myanmar. Tel: 09 428182543, 01 377696, 09 730 26508, 09 730 85081

Unique Asia

No, 152, Sule Pagoda Rd., Kyauktada Township, Yangon, Myanmar. Tel: 01-398400, 398433, 398455,398477,398499

UKT Ticketing

PviHtaunaSu Raod, Minaalar Ward, Aung Pan, Myanmar. Tel: 081-60979

Unileisure

Building(S-4), Waizayanda Road, Shwe Ingyin Housing, Thingangyun Township, Yangon, Myanmar. Tel: 01-561892~9 Ext: 212

Unique Asia Gate

No.6, Sanchaung Monastery Street, 8 Mile, Mayangone Township, Yangon Myanmar. Tel: 01 667561, 09 787083375

Victorious King

No.75/A, Thudathana 1st Street, 16/2, Thingangyun Township, Yangon, Myanmar. Tel: 09 977 600111.09 795 032323

Vivo Air Ticketing

No. 458/460, Room G3, YatharCodo, Mahabandoolast, Pabedan Township, Yangon Tel: 01-377117, 01-252300

Vista Orbit

Building 7, 4th Floors, Ziwaka Road, Dagon Township, Yangon Tel: 09-43042708, 01 708305, 09 442144147

Room No1, Yonegyi Road, KantharQtr, Nyaung Shwe (Inle Lake), Myanmar. Tel: 081-209920

Winner Hotel

PyiHtaung Su Road, Kalaw, Myanmar. Tel: 08-150025,08-250275

Win Star

No. A1/A2, Wain Kyout Quarter, Parsat Mini Bus Terminal, Tachileik, Myanmar. Tel: 084 51218, 084 53012, 09 524 1363

White Falcon

No.189 (B), 3rd Floor, Kyauktada Township, Yangon, Myanmar. Tel: 01-256607, 262498, 370461, 09 73131844, 09 73131845

Wonderway Myanmar

Room (802), Building (B), Nyaung Pin Lav Zav Plaza, Lanmadaw Road, Lanmadaw Township, Yangon, Myanmar. Tel: 09 444488115, 09 444488117

World Myanmar

No.32/B, Ground Floor, Corner of Yangon-Insein Road and Kan Street, Hlaing Township, Yangon Tel: 01-504912, 09 448006767, 09 5122442

Woben Services

Address: No (F/113), Thudhamma Road, North Okkalapa Township, Yanaon, Myanmar. Tel: 01-969 9707, 01-584 332, 09-32289902/903, 09-304 83156~8

WW Travel Limited

No.142, Corner of 47th Street & BogyokeAung San Street, UpperBlock Pazundaung Township, Yangon, Myanmar. Tel: 01-292973

No. (813), Sipintaryar Road, Myothit Quarter, Mvitkvina, Mvanmar. Tel: 09 257303600, 09 257303700, 09 794091060, 09 794091070

Wisdom Yadanar

No.205, Room (B), Bagayar Road, Sanchauna Township, Yanaon Tel: 09 422207778, 09 251036071, 09 253249682, 09 49851107

Waihin Thukha

35th, Bet 71st x 72th Street, Maharnwesin Qtr, Maharaungmyay Township, Mandalay, Myanmar. Tel: 09 5251481, 09 261626324

Kaung Mu Htong Quarter, Near Maing Koe Noodle Shop, Mu Sal, Lashio, Myanmar. Tel: 09 422 439993, 09 795 757324

Yang Sister

No.31, Ground Floor, Lower Block, 13thStreet,Lanmadaw Township, Yanaon, Myanmar, Tel: 01-215906

Yadanar Thiha Company Limited

Room-202, Building (B7), Shwe Gabar Housing (3) Streets, Mindama Road, Mayangone Township, Yangon, Myanmar. Tel: 09-250 989996, 09 525 2804

Yadanar Travel (SCG)

No.111, North Bridge Road, #01-25A, Peninsula Plaza, Singapore.

Yangon Plus

No.20 D, B 402, Baho Street, Sanchaung Township, Yangon Tel: 01-532005, 09975129699, 09 440 441440, 09 440 442440

Zar Zar Moe

No.42, Nagar PwetKyaung Street, Zaypine Quarter, Taung Gyi, Myanmar. Tel: 09-428313896, 09-36014281

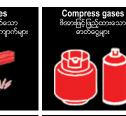
Zone Express

No.1, 68th Street, Between 26th& 27th Street, Chan Ave Tharzan Township, Mandalay, Myanmar. Tel: 02-74651~2

OBJECTS MUST NOT BE CARRIED IN AS CHECKED OR CABIN BAGGAGE

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- - လေယာဉ်ကိုယ်ထည်အား ထိခိုက်ပျက်စီးစေနိုင်သော သံ သတ္တုပစ္စည်းများ
 - ဆားငံရည်များပါဝင်သော ပစ္စည်းများ နှင့်
 -) အနံ့အသက်ဆိုးသော ပစ္စည်းများအား သယ်ယူတင်ဆောင်ခွင့်မပြုပါ။

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PLEASE DO NOT PUT THIS **ITEMS IN YOUR CABBIN** BAGGAGE.







Yangon Office

No.3, Thalarwaddy St, 7th mile, Mayangone Township, Yangon, Myanmar. Hunt Line: (+95-1) 656969 Fax: (+95-1) 656998, (+95-1) 655562





Mandalay Office

No.9, 78th St, Between 33rd & 34th St, Chan Aye Thar Zan Township, Mandalay, Myanmar. Hunt Line: (+95-2) 67099, 67035-38 Fax: (+95-2) 67039



Domestic Branches

Nyaung-U

No. 4, Main Road, Tite Koung Quarter, Nyaung-U. Tel: (+95-61) 2461063, 2461236 Airport: (+95-61) 2461235

TaungGyi

No. 114, Thirimingalar Housing, Bogyoke Aung San Street, Myo Ma Quarter, Taung Gyi. Tel:(+95-81)2122711, 2123511, (+95-9) 254260076

Heho

No. 176, Nan Koung Kwat Thit Quarter, Pyi Htaung Su Main Street, Heho. Tel: (+95-81) 63095 Airport: (+95-81) 63350

Tachileik

No.1/155 (LM) Sansai (B) Quarter, Bogyoke Street, Aung Chan Thar Building, Tachileik Office: (+95-84) 53544, 53545 Fax: (+95-84) 53538 Mobile: (+95-9) 250 343 870

Kyaing Tong

No. 33, Taryaw Quarter, Loimwe Street, Ward (3), Kyaing Tong. Office: (+95-84) 24045, 22860 Tel: (+95-9) 254 260 071

Dawei

No. 298, Paduak Shwe Wah Street, Zayit Quarter, Dawei. Office: (+95-59) 23948 Tel: (+95-9) 254186885, 49338973

Myeik

No.(4), Ball Lone Kwin Building, Kan Phyar Road, Myeik. Office: (+95-59) 42505 Tel: (+95-9)254 186 884

Kawthaung

No.421 (A), Kan Nar Street, Nar Yee Sin Shae, Anawar Quarter, Kawthaung. Mobile: (+95-9)254343353 (+95-9)49 215 545

Mawlamyaing

Tel: (+95-9) 261 482426, 787 73393

Kha/2/60, Quarter (2), Theini Road, Lashio. Office: (+95-82) 30024 Mobile: (+95-9) 254 260 078 Airport: (+95-9) 313 490 90

Myitkyina

No.B.9,10, Swanbayarbon Road, Ayar Quarter, Construction Building, Myitkyina Office: (+95-74) 22298 Mobile: (+95-9)3034 8127, 254 186 883

Thandwe

Ngapali Junction, Mintae Street, Thandwe. Office: (+95-43) 42126 Tel: (+95-9) 254260072, 49777137

Sittwe

No (112), Oo Oaktama Street, Kyaung Tet Quarter. Tel: (+95-9) 49800358, 49800053, 252626668

Bhamo

No.A.10, Arr Ga Sar Kwin Street, Nyaung Pin Quarter, Bhamo Tel: (+95-9) 30 099 546

Prohibition on use of portable electronic devices in aircraft

Almost all portable electronic devices used by aircraft crew and passengers have not been designed to the stringent standards normally applied to aircraft equipment.

By using portable electronic devices in aircraft both in flight and on the ground, the radio signals transmitted from these devices can interfere with the navigational and communication equipment that may jeopardize aircraft safety.

Therefore, as Myanmar is a Contracting State of ICAO, the Department of Civil Aviation has decided to follow the international convention and prohibit the use of portable electronic devices in public transport aircraft during the entire flight.

Portable electronic devices include, but only not limited to the following equipment.

- 1. Mobile telephone
- Cellular telephone
- 3. Portable video equipment
- 4. Laptop or portable PC without printer
- 5. Electronic games, electronic calculators and electronic shavers
- 6. Cassette/CD/DVD/minidisk players (used electronic headphones only), MP3 players (used electronic headphones only).











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